

Message from the Executive Director

On the one hand, I like the idea of living in the moment, being present for whatever happens. Being open and flexible lets me take advantage of unexpected opportunities. On the other hand, I want to be prepared for certain eventualities, so I favor research and planning. Managing the latter makes way for the former; relaxing is more enjoyable knowing the work is behind you.



Photo by Marry Klein

Lauri and her mom Vivian at Thanksgiving

Most people would rather not think about advance directives. I know I'd rather do almost anything than plan for a time when I might be frail, impaired, and unable to make decisions for myself. It's so important to do end-of-life planning and not leave things to chance or for loved ones to figure out. I could do nothing and hope that I go quickly like my grandfather, of blessed memory, who died in his kitchen at the age of 96. He lived independently in his own apartment, and his affairs were in order. I like to imagine he was about to make himself a gin and tonic on that fine May day. He left no decisions for us to make. His death was as neat and tidy as his life had been.

But what if I have a cognitive disorder like my father, who wasted away over many years with Lewy Body dementia? Fortunately, he had a living will and my stepmother followed it to a T. He had been mailing me clippings about the right to die since the mid-'70s, when the New Jersey Supreme Court decided the famous Karen Ann Quinlan case. He included notes saying he didn't want heroic measures if he was no longer mentally competent, if he was no longer himself and had no hope for recovery. I'm so grateful for his clarity about what was important to him and

for making sure we knew what he wanted. He died peacefully at home in his own bed.

Dr. Leo Cooney, founder of Yale's geriatric department, recently told us (9/21/21 – get the Zoom recording from Kate) that the living will you sign in a lawyer's office is too vague. Clinicians need specificity, he said. *Ask yourself what abilities are so important that you can't imagine living without them.* He shared a document with us called "Treatment Preferences and Living Will" (available to members in the Documents section of the HH website – you have to log in first to find it). It asks the right questions in enough detail to cover most possibilities. I urge you to read it, think

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Happy Holidays!

Generous support for HomeHaven provided by:



Message from the Executive Director *continued from page 1*

about it, and then have the tough conversations with family members. Following that, it will be easier to appoint your health care representative, the person with legal authority to make health decisions for you in case you cannot make or communicate decisions for yourself. Medicare will pay for a consultation about advance directives with your primary care doctor. Be sure to file these documents in your electronic medical records through MyChart.

A small group in Amity Village has been meeting to talk about end-of-life issues. Working with a knowledgeable facilitator, they are making great headway with their advance directives. If you would like to be part of a group like this, please contact me directly at Lowell@homehavenvillages.org. We will be putting together new groups after the new year (for members only).

Many HomeHaven folks have already gotten this done – and with planning behind them, can be truly present for whatever the day may bring.



Lauri J. Lowell

Welcome, New Members!

Sarah Heath and Franz Douskey – *Hamden*

Bonnie and Frank Hole – *Westville*



HomeHaven News

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Thanks to Ellen Ryerson for her help in editing and proofreading this edition.

HomeHaven's Mission Statement

We help our members remain active, independent, and productive as they grow older in the comfort of their homes and communities. We provide social and educational activities, companionship, volunteer opportunities and services, and referrals to qualified professionals.

JOIN US!

For information, call the
HomeHaven office at 203.776.7378
or email us at
info@homehavenvillages.org

“The best way to find yourself, is to lose yourself in the service of others.”

- Mohandas Gandhi

... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 19 rides by volunteer drivers
- *Numerous* phone or socially distanced visits by volunteer visitors and Village Leaders
- 12 computer assists and numerous Zoom assists by volunteer computer helpers
- 25 referrals for household maintenance, information, and home health services

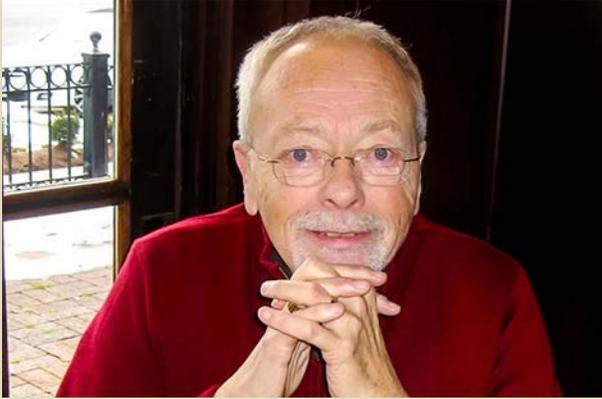
Note: Members often call a service provider more than once or share names of providers with other members. You can help us keep accurate records by always letting the office know each time you use a provider originally recommended by HomeHaven. **Thanks so much!!**

Look for monthly reports giving rolling three-month totals.

IN MEMORIAM

May their memories be a blessing.

JOSEPH ANTHONY DOLAN (May 1, 1945 - October 31, 2021)



Joseph Anthony Dolan was born in New Haven and lived most of his life in the Fair Haven neighborhood. After graduating from college, he held a variety of positions for the City of New Haven, including Deputy Controller and City Treasurer. He retired in September of 2009 as the Town of Wilton's Chief Financial Officer after 19

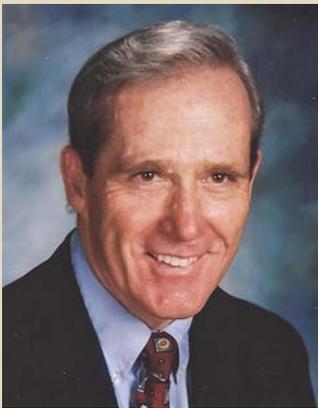
years of service. His Wilton colleagues remember him as a dedicated and talented public servant, a close advisor and trusted friend with a charming personality and an engaging Irish wit.

Joe was a kind and considerate person, highly respected by his many colleagues and friends. He enjoyed lunching with friends, traveling, and discussing politics, history, theatre, and the arts.

HomeHaven was fortunate to have Joe as Treasurer and a member of the board for the past five years. He was good-spirited, kind, and smart. His incisive observations made him a valued advisor, and his sense of humor and skill as a raconteur made him great company.

Even when he suffered a series of health setbacks, he never lost his good spirits and optimistic outlook on life. We will miss him.

JAMES R. MAGGART (March 19, 1940 - November 19, 2021)



Our friend, James "Jim" Maggart, age 81, of Hamden, passed away peacefully on November 19, surrounded by his loving family. He grew up on a small farm near Burley, Idaho, and from there made his way to Northwestern University on both a National Merit scholarship and a basketball scholarship. He later completed a BA in mathematics at the University of California, Berkeley, before getting an MAT at Brown University and an MBA at Stanford University. Jim then pursued educational administration in the United States and abroad.

He made a significant and lasting impact on the three institutions where he served as Head: Robert College in Istanbul, Turkey; St. John's School in Houston, TX; and Hamden Hall Country Day School in Hamden, CT. At each, Jim left a legacy of academic excellence, technological innovation, financial stability, and strong programs in arts and athletics. He believed in encouraging and supporting women both as leaders and athletes. At Robert College in Istanbul, along with his appointment of women to key school positions, he started the first girls' basketball team and led them to a Turkish national championship. He was a consummate teacher and coach who is remembered above all for his patience, encouragement, and calm guidance. He was always trusted for his gentle honesty, sensible counsel, good humor, and warm, steady presence.

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Remembering Jim Maggart *continued from page 3*

Much as he loved his profession, nothing was more important to Jim than family. While working a summer job in California during college, he met his future wife Kaye, who was the love of his life for 60 years. They shared a common path in teaching, a passion for international adventure, and a lasting devotion to their children and grandchildren. In his later years, Jim became an avid woodworker, creating segmented bowls and heirloom furniture that fill the homes of his family and their summer house in New Hampshire. These offer enduring reminders of his talent, quiet humility, and generous affection. In addition to his wife, Kaye, Jim is survived by his three children: Stephanie Johnson (Philip) of Guilford, CT; Michael Maggart of Austin, TX; and Aylin Flanagan (Michael) of Winchester, MA; as well as his sister, Carol Wilson (Arthur) of Portland, OR; and his five grandchildren: Hannah Martin (Niall), Sarah and Wiley Johnson, and Liam and Brendan Flanagan. A private family memorial service will be held at a later date. In lieu of flowers, the family welcomes contributions in Jim's memory to the James R. Maggart Scholarship Fund at Hamden Hall, Smilow Cancer Hospital of Yale New Haven Health, or a charity or school of your choice.

Jim was a member of Hamden Village, the chair of the IT Committee, and a member of both the HH Finance and Investment committees.

Here follow a few remembrances of Jim from HomeHaven members:

Jim was a man of such quiet commitment and talent and generosity. He seemed to believe that doing counted for more than talking, although his chosen profession required being good at the latter as well. Perhaps what I mean is that he was not interested in pontificating – which shows he had much better character than most of his colleagues in the field. As a woodworker of nowhere near his skill I was amazed at his modesty as well as his ability.

— Andrew McLaren

Bob and I are in tears thinking about Jim's passing. Always stalwart, always encouraging, always level-headed, Jim was our respected colleague for years

and our beloved friend for the past decade. He will be very much missed.

— Charlotte Rea

What a beautiful letter, Aylin, telling us of Jim's passing away. The eclipse was a perfect metaphor for life and death and life of another kind! Thank you. We will all miss this wonderful man. With warmest thoughts and prayers.

— Jeanne Kerr

I will greatly miss him. Not just for his calm and constructive presence at our monthly finance meetings or graceful chairing of the IT committee. It was always a pleasure to talk to him, whether about woodworking, creative programming — ways of creating clean and efficient Excel reports, or just getting thoughtful advice.

— Bill Brainard

It was my great good fortune to work with Jim over the last couple of years, and he was one of the few remaining gentlemen. I will miss him.

— John Sawyer

Our son was so fortunate to have attended Hamden Hall while Jim was headmaster, and Jonathan joins us in sending our most heartfelt condolences on his passing. He was such a wonderful and inspirational man, who will be remembered not only for his contributions to education and to his community, but for his devotion to his family, and to the families of all the students whose lives he benefited, Jonathan's included.

— Elin and Herb Brockman



Photo by Francie Irvine

Francie Irvine and Andrew McLaren's Christmas cactus in bloom for Thanksgiving

HEALTH MATTERS: Glaucoma

by Ron Rozett, MD

The optic nerve lies at the back of the eye; it transmits visual information from the light-sensitive retina to the brain, where that visual information becomes what we know as vision. Over time, the condition called glaucoma can destroy the optic nerve and, thus, destroy vision.

To maintain the eyeball's roughly spherical shape, the small, anterior chamber between the cornea and the iris (the colored part of the eye forming the pupil) is filled with aqueous humor. As its name implies, this is a watery substance. (The larger chamber behind the lens and iris is filled with a clear, jelly-like matter called the vitreous humor: it is not involved in glaucoma.) The aqueous humor bathes and nourishes the lens and the cornea as they do not have independent blood supplies. It provides oxygen, glucose, and proteins to these structures, all vital for maintaining normal vision.

The aqueous humor is not static. It is produced by structures at the base of the iris, then flows through the anterior chamber and is reabsorbed through the trabecular meshwork, part of the iris. It then exits the eye through a microscopic drainage canal. In the most common form of glaucoma, the eye produces too much aqueous humor and/or the flow of the fluid is impeded. Either results in an increase in eye pressure, with eventual damage to the optic nerve and gradual loss of vision. Most types of glaucoma are characterized by high intra-ocular pressure, usually

affecting both eyes, but often worse in one eye. The condition produces no symptoms early on.

There are two major types of glaucoma and several less common types. Open-angle glaucoma, the most common type, is caused by an impediment to the outflow of aqueous humor. Most people with open-angle glaucoma experience a subtle and slow loss of peripheral vision (side vision). They may see halos around lights and develop eye redness and some eye discomfort. In the second type, angle-closure glaucoma, the drainage space between the iris and cornea abruptly becomes too narrow, resulting in the rapid accumulation of aqueous humor with the consequent sudden increase in eye pressure. When this occurs, the patient typically experiences severe pain.

The diagnosis of glaucoma requires a doctor to measure eye pressure, called tonometry. By dilating the eye, the doctor can see the optic nerve and inspect it for damage. Treatment includes administering medicated eye drops several times a day and sometimes taking oral medication. Those treatments aim to reduce the production of aqueous humor, increase its outflow, or both. Laser surgery is helpful in treating angle-closure glaucoma when the expeditious reduction of eye pressure is critical for relieving pain and preserving vision.

If drops and oral medications are not sufficient for controlling eye pressure in open-angle glaucoma, there are a number of surgical options to supplement medications. Among them is trabeculectomy, which opens the drainage area at the base of the iris; microsurgery can place a tiny tube to assist the drainage of aqueous humor. Open-angle glaucoma is often treated with a combination of eye drops and laser surgery or microsurgery. These techniques slow down the progression of optic nerve damage, but they cannot restore vision already lost.

The incidence of glaucoma increases with age. It is more common in those with a family history of glaucoma, in people over the age of 40, and in African Americans. Regular visits to an ophthalmologist are important for those in our age group, so the doctor can check eye pressure and look for optic nerve damage before it results in the irreversible loss of vision.

November Walk & Talk



Photo by Peggy Atherton

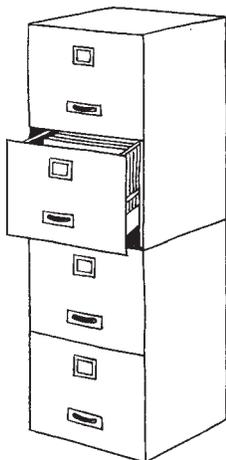
Victor Bers, Helen Robinson, Carolyn Gould, John Deming, Jean Spencer, Susan Bers, and Peggy Atherton (not pictured) walked the Tidal Marsh Trail in North Haven on Nov. 27.

Ron Rozett is a member of the Health and Wellness committee and is a member of Hamden Village.

IT COMMITTEE: Folders and Files

by Harriet Bergmann and John G. Sawyer

Picture an office. It's 1984, and I'm sitting at my desk. I've typed up a page of instructions called "How to make a file," and it's lying on my messy desktop. I need to put that page somewhere so it doesn't get lost!



Here's my big file cabinet. Its drawers divide alphabetically — A through F, G through L, on to Z, lettered on the front. I'll go to "H" and then — I need a section! I make a large file called "HomeHaven." Remember those clear plastic tabs?) Within that I'll have a smaller file called "IT committee." And there, in a slim manila folder, I'll put my document called "How to make a file."

BIG CABINET

DRAWER = **H**

Large file = **HOME HAVEN**

Smaller file = **IT COMMITTEE**

Small manila folder = **HOW TO MAKE A FILE**

Now, here I am in 2021 on my Apple computer. I've gone to Word and I've written a document. I could leave it on my desktop but, just as in 1984, there's already too much there, and I want to get to the document easily. I imagine my desktop, Dropbox, Google Drive, etc., as VERY BIG file cabinets, allowing me to save documents to folders, sub-folders, sub-sub-folders and so forth.

First off, I want it in the H section, so I go to that in Finder or in Dropbox. All the sections are alphabetized, so I don't really need a file drawer labeled "H." I get right to the section labeled "HH" for HomeHaven. I could just stick it in there, but I've already got two sub-folders there. I'm on the Website committee and I'm on the Activities committee, but this was done for the IT committee, and that's where I want it.

Go "Behind the Headlines" to hear **Bitsie Clark**, a former New Haven alder, former Arts Council ED, and former HomeHaven ED, talk about all she's grateful for: her children, her recent 90th birthday celebration, and even the difficulties she's encountered. **She's a role model for us all!**
https://www.newhavenindependent.org/index.php/archives/entry/Bitsie_clark_91st_turkey_day/

So, I click on "New Folder" and I name it "IT Committee." Then I give my document a name, because so far Word has just called it "**document**." I'll call it "**How to make a file**."

Word automatically changes "**document**" to my new title, and I click on enter, and there it goes!

Creating a new folder on a Mac:

1. On your Mac, click the Finder icon in the Dock to open a Finder window, then navigate to where you want to create the folder.
2. Choose File > New Folder, or press Shift-Command-N.
3. Enter a name for the folder, then press return.

John Sawyer is a Windows guy, so here are John's directions for Windows: I have a folder called "HomeHaven," and within that I have a sub-folder named "Computer Connection Articles" within which this article you are reading will reside. I will click on "Save as..." then Desktop/HomeHaven/Computer Connection Articles, and then name the file "**21-11_Folders and Files.docx**" and click on the box marked "Save."

When I want to find the article, a) I know it was for HomeHaven, b) it was a Computer Connection Article, and c) it was for some time in 2021. So I click on the "HomeHaven" folder on my desktop; from there I click on "Computer Connection Articles," and since I have saved all the articles I have been a part of creating as "YY-MM_Article Name," I can quickly find the one I want.

Creating a new folder in Windows:

1. Right-click inside your folder (or on the desktop) and choose New. The all-powerful right-click shoots a menu out the side.
2. Choose Folder. When you choose Folder, a new folder quickly appears, waiting for you to type a new name.
3. Type a new name for the folder.

And there you are — 1984 to 2021 in three easy steps!

Harriet Bergmann serves on the IT and Activities committees and is a member of ERV. She also leads the popular Memoir Groups. John Sawyer chairs the IT committee and is a member of Amity and Westville Villages.

HOUSEHOLD SERVICES COMMITTEE: When Did Connecticut Become Kansas?

by Hal Spitzer

While the authorities tried to figure out whether they were micro-bursts or tornadoes, three of them landed in our area in mid-November. Though Connecticut is normally on the lower end of the scale for tornadoes, climate change is becoming ever more real, as are the dangers to our homes and to ourselves. We may have warmer winters, but other weather systems accompany them from which we need to protect ourselves.

Please note the following precautions:

- Be attentive to weather forecasts and official warnings for the area.
- A weather-alert radio, which can be activated by the National Weather Service, is inexpensive and can keep you informed of the storm's progress. You can purchase one at local electronic stores.
- In addition to listening to the broadcasts, look out for dark, often greenish skies, hail, and a loud roar similar to a freight train.
- When a tornado is imminent, go to your basement, if you have one, or to an interior part of your house or apartment, such as a closet, hallway or bathroom, preferably without a window.
- If your house has only windowed rooms, move to the center of a room away from the windows; get under a sturdy piece of furniture such as a desk or table.

After the storm has passed, be sure to inspect your property for damage, most specifically to the trees. Many branches may have fallen, but some may just be hanging on, waiting for the next breeze to shake them loose. If a tree has fallen on your house, make sure to have an engineer or other expert determine if there is structural damage sufficient for you to leave home until its stability is restored.

The following are "disaster supplies" that you should always have on hand, wherever you live:

- Extra blankets and sleeping bags
- Fire Extinguisher
- First Aid Kit
- Flashlights and extra batteries
- Fuel for grills and generators
- Non-electric can opener
- 1 week supply of prescription medications
- 1 week supply of food
- Portable battery-operated radio and extra batteries

As they say... hope for the best but prepare for the worst!

Hal Spitzer is chair of the Household Services committee and is a member of Hamden Village.

Lunch & Learn with Elaine Lawson, November 12, 2021

by Francie Irvine

On a gray and very wet day, it was wonderful to visit the colorful worlds of Art Nouveau and Art Deco, guided by Elaine Lawson, member of Amity Village.

While her talk focused on Art Deco in the United States in the 1920s and 1930s, Elaine went back to Europe in the late nineteenth-early twentieth centuries to lay the groundwork for her talk. Perhaps in reaction to the heavy-ness and stuffy-ness of Victorian architecture and decor, Art Nouveau emerged in Europe between 1890 and 1910. Paris, Brussels, and Barcelona were centers of the early part of the movement, which featured naturalistic, free-flowing, and sinuous lines.

Later, Glasgow's Charles Rennie Mackintosh designed Art Nouveau pieces and furniture that favored straight lines and rectangles: the designs were bold, the structures strong. Meanwhile, to the east, in Vienna, young artists and architects rebelled against the grip of tradition in the Austro-Hungarian Empire. They favored a new aesthetic: symmetry of form, the use of fine materials – wood, ivory, inlay – and clean, geometric lines for both exteriors and interiors. That sensibility migrated west, across the Atlantic, where Frank Lloyd Wright's houses displayed clean geometric lines as well.

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Roman Holiday, or the MyChart Woes

by Susan and Harvey Feinberg

Rome in autumn: a wonderful destination from which Harvey and I have recently returned. The trip was all we had hoped for and more. We saw and discovered a great deal, but we learned something that had nothing to do with Rome that we want to share with the whole membership of HomeHaven, so that future travelers can take appropriate measures before setting forth: we mean to prepare, not scare, you.

MyChart does not work anywhere except in the US.

You cannot get into your account abroad; in fact, your password becomes invalid if you try to do so. If you have a question, you cannot send a message to your doctor through MyChart. If you need to go to the ER abroad, the hospital could not get into your MyChart account's trove of medical information. And, if you do not have a direct email contact for your doctor[s], there is no way to contact him/her/them other than a phone call – and we all know how easy that is!

We wound up asking our son to call the doctor from whom we wanted some medication information. The office would not give it to him because he wasn't on a list of people authorized to receive this information.

As you prepare to venture abroad, make a copy of your medical records to bring along, including the name of a person authorized to get information for you

and, ideally, an email address for your primary care doctor. Another possibility would be to download this information onto your phone or computer if you're traveling with one.

We discovered upon our return that no one to whom we spoke who works with MyChart knows about this either! The Supervisor for Patient Relations for MyChart did not know that it doesn't work anywhere other than the US. Finally, however, I heard from the Chief Information Security Officer who said this: "Unfortunately, at this time we cannot provide international access to MyChart. The number of hacking attempts that we see from outside the US is significant, and the risk to our patient data was deemed too high to allow access from outside the US. We constantly review our security practices, policies, and technology and may allow international access if in the future we feel that the threats have been mitigated. Until then, unfortunately, the only option is to call your provider for information."

Now, however, one of the directors of IT for YNH is working with their marketing department to ensure that MyChart users are fully informed about the issues with the system when they travel abroad.

Susan and Harvey Feinberg are members of Westville Village.

Lunch and Learn *continued from page 7*

The end of World War I brought about monumental change to many societies: industrialization on a grand scale, medical and scientific progress, the emancipation of women, easier travel, and faster communication. The development of new building materials, such as cement, and new home-design materials, such as plastic and Bakelite, gave rise to increased creativity. The Paris Exposition of 1925 introduced the use of these materials as well as a new aesthetic, named for the French "Arts Décoratifs," shortened to Art Deco. Inheritors of Art Nouveau principles, Art Deco practitioners admired symmetry, straight lines and geometric forms. Vibrant colors and Egyptian motifs informed their designs. In France, the rich patronized Art Deco.

More democratic and mass-produced creations emerged in the States, notably in buildings. The skyscraper became the crowning glory of Art Deco in the U.S., thanks to the use of steel in construction. The Chrysler Building (1928) remains the epitome of Art Deco;

the Empire State Building (1931), less ornamented, became a symbol of streamlined energy and industrial beauty for those navigating their way through the Great Depression. Many buildings (and their lobbies) in NYC reflect this aesthetic. The New Deal fostered an interest in household objects: one could have a skyscraper chair or cupboard or a teapot shaped like a cube. As the decade of the '30s came to a close, and the war years began, the ideas of speed and energy led to streamlined designs for trains and cars. Even stationary objects such as the American "diner" and radios adopted the lines seen on transcontinental trains.

I certainly learned a lot from the hour spent in Elaine's company. When traveling in a group feels a bit safer, HH could organize a trip to NYC to tour Art Deco sites with the Municipal Arts Society or the Art Deco Society.

Francie Irvine is editor of the HomeHaven newsletter and is a member of ERV.

HH ONGOING EVENTS

(members only)



MEMOIR WRITING GROUPS

The groups meet every second and fourth Monday of the month for an hour and a half. We're Zooming these days, and it's working beautifully. For more information or if you would like to attend a meeting to see how it works, please email Harriet Bergmann at hfb183@gmail.com.

PLAY READING GROUP

Tuesday, Dec. 14. 7pm. *A Child's Christmas in Wales*, by Dylan Thomas and *The Long Christmas Dinner*, by Thornton Wilder.

Tuesdays, Jan. 11 & 25. 7pm. *Death of a Salesman*, by Arthur Miller

Play Reading is staying on Zoom (for now!) Join a dedicated group of readers of all kinds of plays: comedy, tragedy, classic, modern, American, international... The play is available on the HH events calendar; please use that version.

Registration is required, so sign up on the HH events calendar if you want to be a reader: the limit is for that is 15, but if you're simply interested in being in the audience, please call Kate in the office so we include you in the Zoom invitation which we'll send the day before.



PINS AND NEEDLES

Monday, Dec. 6 and Jan. 3 at 3:00 pm. In-person! 12/6 - We will meet at Kathy Denardo's home. RSVP to Kathy at Vivian.denardo@snet.net or 203-687-8835.

1/3 - We will meet at Mary Barnes' home. RSVP to Mary at mfnjhbarnes@gmail.com or 203-745-3930. Bring a project and enjoy good company and lively discussion. New members are always welcome at these monthly gatherings. If you would like to join the group, please call Kathy Denardo at (203) 687-8835. You must be fully vaccinated to attend.



BOOK GROUP

Monday evenings, 7pm, every 5 weeks.

All genres welcome! Please contact Peggy Atherton at peggyatherton@yahoo.com or 203-273-6118 for the current title & meeting time.

Village Gatherings

All HHers attending in-person events should be fully vaccinated.



AMITY

Thursday, Dec. 2 & Jan. 6. 5pm

Virtual Happy Hour!

Join us on the first Thursday of every month! Check your email or the HH calendar for details.

Tuesday, Dec. 28 & Jan. 25. 3pm

Village Coffee with Westville

Location TBA.



DOWNTOWN

Open Invite – ERV invites us to join any of their happy hours/coffee meets.

EAST ROCK

Saturday, Dec. 4, 11, 18. Jan. 8, 15, 22, 29. 5pm

Virtual Happy Hour!

Join us every Saturday!

Wednesday, Dec. 8 & Jan. 12. 10am.

Coffee @The Neighborhood Café, 947 State St.

NO HAPPY HOUR @East Rock Brewery in December!

See you next year!



HAMDEN/NORTH HAVEN

Tuesday, Dec. 14 & Jan. 11. 10:30am

In-person Coffee @Best Video, 1842 Whitney Ave.

See you then!

WESTVILLE

Thursday, Dec. 9, 23 & Jan. 6, 20. 5:00pm

BYOPicnic!

Meeting in-person @Celeste's house. Join us every other Thursday!

Tuesday, Dec. 28 & Jan. 25. 3pm

Village Coffee with Amity

Location TBA.



Happy Holidays!





Events: December 2021 - January 2022



*The Office will be closed on Friday, December 24 for Christmas Eve,
Friday, December 31 for New Year's Eve,
and January 17 for MLK, Jr. Day.*

DECEMBER

Tuesday, Dec. 7. 12pm. On Zoom.

Women Artists at Yale Exhibit Tour.

Join us for a Zoom tour of the YUAG exhibit *On the Basis of Art: 150 Years of Women at Yale* with the show's curator – Lisa Hodermarsky. The artists are Yale graduates, and their works were chosen exclusively from the museum's collection. The Zoom link will go out prior to the presentation. **Members only.**

Thursday, Dec. 16. 7pm. On Zoom.

A Christmas Carol, a reading by Traugott Lawler.

Ring in the holidays with a reading of Charles Dickens' *A Christmas Carol* with Traugott Lawler (Hamden Village). A 1-hour reading of the abridged story. Come one, come all! The Zoom link will go out prior to the presentation. **Members only.**

Tuesday, Dec. 21. 4-5pm. On Zoom.

HH Solstice Celebrations.

The Villages will be planning small gatherings within each Village, either in-person or on Zoom, to reflect on the year behind and celebrate the lengthening days and the new things to come!

JANUARY

Friday, Jan. 7, 10am. On Zoom.

Common Movement Disorders in Older Adults.

Health & Wellness presents a program with Dr. Sara Schaefer, MD, MHS from the Neurology Department at YNH. Dr. Schaefer will speak about movement disorders in older adults. The Zoom link will go out prior to the presentation. **Members only.**

Remember to check out the HH Happenings on Fridays for all the latest on HH gatherings, presentations, and general goings on.

HOMEHAVEN OFFICE
☞ 203-776-7378 ☜
info@homehavenvillages.org

Generous support for HomeHaven provided by:

Whitneyville Food Center: 203-248-4471



Happy Birthday to HomeHaven members with a birthday in December

- Steve August Hans Bergmann
- Henry Binder Elin Brockman
- Franz Douskey Sue Eisner
- Constance LaPalombara
- Lauri Lowell Barbara Mikolajewska
- Carol Nardini Alec Purves
- Charlotte Rea Ron Rozett

or in January

- Jay Alpert Laura Altshul
- Karen Baar Scott Braznell
- Herb Brockman Judith Calvert
- Ann Feinstein Judy Hickey
- Franco Iachello Wayne Meeks
- Rosemary Plotnick Bob Sandine
- Mary-Jo Warren



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