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HomeHaven News













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203.776.7378

JUNE 2021

Message from the President

From the early '60s on, Pat Martino was a jazz guitar prodigy, a gigging musician, and a rising star. Through the years, he became a highly esteemed artist, ranked near the likes of Wes Montgomery, Joe Pass, and Tal Farlow. He also suffered from blinding headaches and epileptic seizures, and in 1980, a hemorrhaged arteriovenous mal-



formation triggered a "near-fatal seizure" caused by a brain tumor the size of a pear. After neurosurgery and the removal of 60% of his left temporal lobe, he awakened from the operation with total amnesia — his memory a blank slate.

He remembered nothing about playing the guitar. He had to reteach himself everything he had known about the instrument of which he had been one of the foremost virtuosi. Angry and bitter, he initially resisted returning to the study of the guitar, but after a regimen of therapy, antidepressants, and time in a locked psychiatric ward, he answered the challenge life had given him and painstakingly relearned the skill that had made him special. His amazing recovery

HomeHaven's Annual

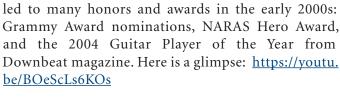
Summer Picnic

Tuesday, June 15, 5-7 PM Rain date: June 17

Edgerton Park Carriage House Gardens All outside, BYOP (Bring Your Own Picnic) All FULLY vaccinated members welcome







culminated in a return to his former eminence and

I have been seeking inspiration from his struggle as we emerge from our storm cellars and contemplate the tornado-like damage wrought by the pandemic. Unlike many, my family has been spared any direct losses of life, though the normal depredations of mortality have cost us kin and friends. But we have all experienced subtle losses, not directly measurable but undeniable, caused by the lengthy sequestration that has deprived us of the human closeness that nurtures our souls. My attempts to interact with people on what I refer to as the "corporeal plane" are now tentative and clumsy; I feel like a dog trying to open a peanut butter jar. This

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year will apparently be as weird (albeit less awful) as last. There may be no "normal" to which we can return in our remaining years.

Given this subtle dilemma, what we can do is "practice our guitars," and in that sense, relearn and maybe even upgrade our revivifying activities. Even small habits can have restorative effects: according to the AARP Bulletin, "those who made their bed nearly every day were more likely to report a good night's sleep." Call an old friend every week; those who know us best can help us remember who we are (or were). Hug where appropriate (check first). A healthy diet and other forms of self-care, like long baths, can help us sensitize ourselves to our aliveness. Call relatives with whom you don't usually speak, if only to say, "I'm grateful you made it through."

My own go-to moves include reading poetry often, maybe even aloud; avoiding social media and TV advertising; using the mute button without restraint; blocking robo-callers; and remaining on the alert for the "fake grandkid" scam. (We have had two in the past few months, and one was highly upsetting for a few moments.) If someone calls and says, "Grandma, I need help," make sure it's someone who should be addressing you thus. Finally, let's view cable TV "news" as sparingly as we take strong drink, and refrain from political arguments with people unless we know they are unarmed. The years of constant frenzy and crises du jour are, one hopes, subsiding here in the USA.

Maybe we can all achieve a semblance of prepandemic optimism and refresh our *joie de vivre* in these coming months. HomeHaven is here to be your partner in the effort.

Fred O'Brien

HomeHaven News

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HomeHaven's Mission Statement

We help our members remain active, independent, and productive as they grow older in the comfort of their homes and communities. We provide social and educational activities, companionship, volunteer opportunities and services, and referrals to qualified professionals.

JOIN US!

For information, call the HomeHaven office at 203.776.7378 or email us at info@homehavenvillages.org

"The best way to find yourself, is to lose yourself in the service of others."

- Mohandas Gandhi

... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 0 rides by volunteer drivers (suspended for the time being)
- Numerous phone or socially distanced visits by volunteer visitors and Village Leaders
- 6 computer assists and numerous Zoom assists by volunteer computer helpers
- 23 referrals for household maintenance, information, and home health services

Note: Members often call a service provider more than once or share names of providers with other members. You can help us keep accurate records by always letting the office know each time you use a provider originally recommended by HomeHaven. *Thanks so much!!* Look for monthly reports giving rolling three-month totals.

IN MEMORIAM

May his memory be a blessing.

JONATHAN BUSH (1931 - 2021)

It was sad to hear from Chip Stone of Essex, CT, in early May. He had just talked to Jody Bush Hobe Sound, and learned of her husband Ionathan James Bush's death on May 5th, 35 minutes before he turned 90 on May



6. Many people think of Jonathan as the Wall Street Journal depicted him in the May 7 edition of the paper: "A member of the political clan who pursued stardom as a song-and-dance man before settling into a Wall Street career."

But I think of him as a wonderful, talented friend and an approachable, kind gentleman. The first time I met Jonathan was at a party in the Fall of 2013, at Louis Audette's house on Everit Street. HomeHaven was having a recruitment party to attract people in the New Haven area who had gone to Yale. John, a Whiffenpoof in the Class

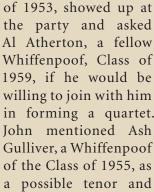
Whiffenpoof, Class of willing to join with him in forming a quartet. a possible tenor and

Al mentioned HomeHavener Kem Edwards, a Whiffenpoof of 1949, as a bass. The four of them began practicing.

By the first Silver Dollar Quartet Contest, held in the fall of 2014, they had rehearsed enough to enter the competition. Thanks to the loud applause generated by their fans in the audience, they won. The Silver Dollar Quartet had been founded in 1909, by Jonathan's father, Prescott Bush, and three other Whiffenpoofs – so it was important that they win. They called themselves the Elm City Four and sang at many parties and events in the New Haven area during the years that Jonathan and his wife, Jody, lived in Hamden. In the fall of 2019, at the second Silver Dollar Quartet Contest, they won for the second time.

The best thing about belonging to HomeHaven has been getting to know the other people who belong. I am grateful to have enjoyed the friendship of John and Jody, who were HomeHaven members between 2010 and 2019, and I think of them and the Elm City Four with affection.

- Peggy Atherton





The Elm City Four. *Left to right:* Kem Edwards, Ash Gulliver, Al Atherton,

John Bush.

IN MEMORIAM

May her memory be a blessing.

SHULAMITH SCHARFSTEIN CHERNOFF (1923 - 2021)



Regal, elegant, dignified, wise: Shula Chernoff. Those fortunate enough to know her felt her force. I certainly did during our long conversations about Shakespeare, the Bible, politics, and poetry. Shula experienced profound tragedy,

but she also knew great joy, and she understood, because she was a poet, the essence of beauty in the smallest and most insignificant of things. Her rich, full life began in New York City in 1923. She married Dr. Hymen Chernoff of New Haven

She married Dr. Hymen Chernoff of New Haven in 1948. She had six children, one of whom, Dr. Naomi Chernoff, tragically predeceased her. Shula's degree from Columbia in Early Childhood Education led to her first career: teaching.

During her 33 years in the profession, she had an enormous influence on many: the young children she taught and observed, and the Early Childhood teachers she guided as a professor of Early Childhood Education at SCSU. Many of her former college students kept contact with her for decades after they graduated and implemented what Shula taught them. Despite the untimely death of her husband in 1972, she supported her own children through her teaching.

After she retired from SCSU in 1998, Shula reignited her love of poetry and she eventually published two books of stunning poetry: *The Stones Bear Witness* and *Solace*. When she died, she was in the process of completing a third book, which will be published posthumously. I witnessed her working on this book in the last days of her life as she passed the edited versions

of her poems to her daughter Debbie. Shula's constant refrain this past year was: "I must use the mornings to read and write. You know, I haven't got much time left, but I have not been so happy in years. And I am never bored." Nor, dear Shula, were you ever boring.

Personally, I am grateful to have known this incredible woman. She inspired me in countless ways, not least of which was her example of what one can accomplish with a positive outlook, even when the end is near. Thank you, Shula.

- Susan Feinberg

[Contributions in Shula's memory can be made to the Naomi Chernoff, MD, Memorial Fund for Resident Education c/o SUNY Upstate Medical Center, 750 E. Adams St., Syracuse, NY 13210. A memorial service is planned for the summer of 2021.]

Following is an excerpt of Shula's poem "Follow the Flight of Birds" from *Solace*, published in 2017.

If you think she is lonely, you are mistaken.

The air is fragrant and the benches, marked with the names of the dead, are freshly painted.

She is aware that she has reached the age of eighty-five without fear.

She can still conjure up poems in her head and read many books.

This is the way of some old people, to be content, to remember their childhood, to make friends with poets and visionaries, to follow the flight of birds.

HEALTH MATTERS:

Leaves of Three, Let Them Be: If Only It Were That Easy!

by Pat Jackson Allen, APRN

Poison ivy, (Toxicodendron radican), is part of the Anacardiaceae family, Rhus genus. It is indigenous to the United States. Contact with the plant oil, urushiol, found both in the leaves of the plant and in its stems and roots, results in an allergic contact dermatitis in 50%-70% of people. People of all races and skin colors are susceptible; humans are uniquely sensitive among animals to poison ivy. Approximately 50% of people are highly or moderately sensitive to urushiol, and another 30-40% will react if they have contact with a large amount of the plant oil. Unfortunately, direct contact with the plant is not required for transmission of the urushiol oil: the oil can remain active on clothing, pets, garden tools, and sports equipment for long periods of time in dry climates.

Poison ivy presents with red (erythematous), elevated, fluid-filled blisters (papulovesicular) in a rash at the site of contact that is intensely itchy (pruritic). Picture of Poison Ivy rash. Within one to three days, vesicular lesions develop and quickly erupt, releasing clear plasma that forms a crust. The rash may grow in size, and new vesicles can occur without additional contact with urushiol, depending on the individual's allergic response. This leads to the common belief that the serum from vesicles spreads the rash. This is not true. Allergic reactions can occur on skin surfaces not directly exposed to plants, such as the inner thighs or abdomen, due to contact with urushiol on hands, clothing, or pets. Intense itching is the hallmark characteristic of poison ivy, in all phases of the condition. Severe itching can lead to secondary skin damage and infection, but

WEBSITE HELP NEEDED!

Are you creative, detail oriented, and tech savvy?

HH is searching for a volunteer to help with updating the HomeHaven website. If you are interested please let Kate know by contacting the HH Office at 203-776-7378 or hhkateh@gmail.com.

the primary poison ivy lesions usually dry and clear without infection in three weeks.

Preventing exposure to the poison ivy plant is key. The classic glossy green "leaves-of-three" hide easily along wooded paths, in garden beds and ground cover. CT Agriculture Dept. Images of Poison Ivy. The leaves are usually notched but can have smooth edges, can grow on hairy-stemmed vines up trees, or as a low shrub. The leaves often turn bright colors in the autumn.

The best way to reduce the incidence of poison ivy is to remove the plants, root systems and all. Sever the vines at the root source and remove the roots if possible. Dried roots and leaves remain allergenic.

When you anticipate contact with poison ivy, wear protective clothing: long-sleeved shirts, long pants, and socks and shoes to cover arms and legs. Use heavy-duty vinyl gloves when actively trying to remove these plants. Wash hands and skin that come in contact with urushiol oil with soap and water – immediately! If the oil contacts the skin for just 10 minutes, only 50% will be removed with washing. The oil residue on clothes, pets, garden, and sports equipment can be removed by washing items with soap and water.

There is no FDA-approved treatment to resolve poison ivy once it has started. FDA Guide for Poison Ivy. Try not to scratch the rash. Bacteria under your fingernails can cause an infection, so keep your hands clean and fingernails short. Itching can be relieved by using wet compresses or soaking the rash in cool water. Overthe-counter steroid cream or prescription oral steroids for severe rashes may ease the inflammation and itch. Other topical skin preparations such as zinc acetate, oxide, or carbonate, aluminum acetate, and calamine can help dry oozing blisters and rash. Check with your pharmacist for over-the-counter preparations and contact your primary care provider if the rash is extensive, you cannot relieve the itch to sleep, you develop a fever, or a large red, swollen area, possibly indicating cellulitis, develops around the rash.

Enjoy summer days outside but be vigilant about this leafy pest! For more information, follow this link to a *New York Times* article.

Pat Jackson Allen is chair of the Health and Wellness Committee and a member of Amity Village.

HOUSEHOLD SERVICES COMMMITTEE:

Standby vs. Portable Generators

by Hal Spitzer

Last November, our article for the Newsletter was about installing a standby generator to help manage power losses in our homes due to the effects of climate change. We mentioned portable generators, but the article focused on the permanent generator that connects to your electrical panel and natural gas supply. These generators ultimately cost \$10,000-\$11,000, once you add up the price of the unit (\$7,000), electrical modifications (\$2,150), natural gas supply to the unit (\$2,200), and town permits. If you don't have natural gas available, you can add on a fuel tank with enough capacity for your needs; natural gas helps make the standby generators virtually maintenance free. Once installed, the unit tests itself monthly, switches on the generator when the power fails, and automatically shuts itself off when the power from the street is restored.

Portable generators, however, require us to do more work. They come in sizes to power our entire homes, but generally are set up to cover only essential needs: refrigerator, heat etc. The price increases with the power capacity. The units generally cost around \$1,000 but can go up to \$3,000-\$4,000 for one that protects an entire house. The electric hookup is in the \$1,000-\$2,000 range, for a total of \$3,000-\$6,000 depending on coverage.



Five villages were represented in this Walk and Talk at Silver Sands State Park, Milford on May 1. Front row: Trish O'Leary, Amity; Bob Sandine, Hamden; Rick Allen, Amity; Mary-Jo Warren, East Rock; Back row: Carolyn Gould, North Haven; Karen Schneider, East Rock; Carol Nardini, Westville; Pat Allen, Amity; Peggy Atherton, East Rock; photographer.

While standby units can run for weeks on natural gas, the portable ones depend on gasoline, though some units can use propane or even natural gas. Homeowners need to store the gasoline, as most units' capacity is 7-11 gallons; that would last for 7-15 hours, depending upon the model and the level of power being used.

The units only operate outside and, as with the standby variety, must be at least 10 feet from any window to protect the household from carbon monoxide poisoning. Portable units do not have automatic switching; owners turn them on and off manually. The transfer/shutoff switch is outside, and the unit needs protection from the weather; it should not be operated in the rain. (An open-sided, tent-like structure is adequate covering.) The unit should be portable, so buyers need to make sure that the unit comes with wheels; some brands charge extra for this. Some "portable" generators weigh 100 lbs. but others weigh 200 lbs. You can't add fuel to the unit when it is hot, so the unit should cool overnight before you replenish the gasoline for the next use.

Choosing the right unit will depend on how much electrical power you need to feel comfortable during a power loss. Some people want their entire house electrified, including all equipment. Others may want only certain essentials: refrigerator, kitchen lights, appliances; master bedroom; specific air conditioners; TV(s) and/or computer(s). The more items the generator powers, the more expensive the system will be. Coverage will also depend upon how your home is currently circuited, since partial coverage will be based upon circuits. These portable units are generally supplied and installed by electrical companies, whose salespeople will be able to help you determine the best solutions for your requirements and comfort level.

While doing research for this article, we were told that the best portable units are made by Westinghouse, DuroStar, and Generac. There are, however, many other choices available that come with many functions. You'll need to discuss all these options as you shop for the unit that's right for you.

Hal Spitzer serves on the Household Services Committee and is a member of Hamden Village.

IT: Video Chatting

by John G. Sawyer

Even though the CDC has just removed masking requirements for those completely vaccinated, that does not mean that we are completely free to visit family anywhere in the country. So, as a poor substitute to face-to-face visiting, there is a whole class of computer applications for Video Chatting.

For those whose family all own Apple devices, Apple's own FaceTime application is the way to go. Every Apple device sold in the last 5 years comes with FaceTime. FaceTime uses Apple's own network to communicate between known Apple devices. That includes all iPhones, iPads, and Mac computers. The icon looks like a movie camera in white inside of a green rectangle. For FaceTime to work, you need to sign on with your Apple ID. You can have up to 32 people on a FaceTime call, although I have only used it one-to-one. Remember, though, that both ends of the video chat need to be on Apple devices. For more information, see https://www.aarp.org/home-family/personal-technology/info-2019/how-to-facetime.html.

For those using Windows computers, FaceTime is not an option. That doesn't mean that you can't video chat. Microsoft's answer to FaceTime is Skype. Unlike FaceTime, Skype is available on almost all platforms (Apple, Android, Linux) as well as Windows, and it works very much like FaceTime. For complete



Happy Birthday to HomeHaven members with a birthday in June

Diane Ariker Jim Barnes
Kathy Denardo Martha Dobrowolski
Steve Feinstein Irene Fiss
Jane Jervis Adrienne Lewis
Annelies Sheehan Hal Spitzer
Kerry Triffin Virginia Wilkinson

instructions, see https://www.sunriseseniorliving.com/blog/september-2016/a-stepbystep-guide-on-how-to-use-skype.aspx.

A third alternative is Facebook Messenger. I have never used the product (because I don't use Facebook), but I understand that it is also a good solution. Bear in mind that since it is a Facebook product, it is far more susceptible to SPAM than the first two solutions.

John Sawyer serves on the IT Committee and is a member of the Amity and Westville Villages.

THE BOOK NOOK: Works by HH-ers by Ellen Ryerson

Simply Beethoven

Leon Plantinga, professor emeritus of music history at Yale and member of HomeHaven's Downtown Village, recently published what he calls his "little book" about the composer Ludwig von Beethoven.

True, it's not as big as his *Beethoven's Concertos* (1999) or his *Nineteenth*



Century Music (1984), but <u>Simply Beethoven</u>* gives a straightforward account of this legendary composer's colorful life and of the nature of his remarkable music – without resorting to technical knowledge or language. The book is intended for the general reader.

Plantinga presents Beethoven in the context of the composer's own time and place, a Europe that was in perpetual tumult: the French Revolution; the Napoleonic conquests; the stifling Metternich regime in Austria. He also places the music in the context of Beethoven's personal dramas: progressive, radical hearing loss; recurrent illness; repeated disappointments in love. In the face of these challenges, Beethoven produced a body of music that brought him widespread fame in his own time, as well as a central place in classical music down to the present.

*New York: Simply Charlie, 2020, ca. \$10.

WELCOME

The past year has prevented us from getting to know new members, so the next several issues of this newsletter will include "profiles" of new members of HomeHaven's villages.

PHILLIP PIERCE, by Libby Meyer

Phil Pierce joined HomeHaven in the fall of 2019, shortly before COVID-19 descended on us. His name may be familiar, however, because he's a member of the Health and Wellness Committee and wrote the article on GERD for the Newsletter of March 2021.

A semi-retired physician, with a specialty in infectious diseases, Phil lives in Woodbridge with his wife, Lauretta Grau, a research scientist at Yale School of Public Health. For the time being, Phil is the lone HH-er in their house. Phil told me he'd wanted to be a doctor ever since he was a boy when, seriously ill with pneumonia, he was carried by his family doctor from his bed to the doctor's car and then to the hospital.

A native of Manchester, CT, Phil received his medical education at Georgetown. He spent the first ten years of his career there, in further training and on the faculty, except for two years spent with the Peace Corps in Niger, the former French colony in the Sahel area of central Africa. Phil had to learn French on the job. In Washington, his work focused on research on the then-new disease of AIDS; ultimately, he developed Georgetown's program of AIDS Clinical Trials.

The move to Woodbridge happened when Phil switched from academic medicine to industry. In a position with Bristol-Myers-Squibb, he worked on developing drugs for infectious diseases, specializing in plans for new trials and for ensuring the safety of new drugs. On the side, he volunteered at the Yale HIV clinic. Subsequently, Phil spent 14 years with Johnson & Johnson in Philadelphia, doing the same kind of work and commuting home for weekends.

After that, most people might be content simply to retire, but not Phil. After a little more than a year of hiking, volunteering, maintaining his beautifully planted and impeccably groomed gardens (and helping me to rescue from chaos my own dream of a garden), Phil has taken a new job with a small drug company, Lexicon, for which he is developing the safety profile of a therapy for heart failure.

In his "free" time, Phil is an avid skier, hiker, and runner (four Boston marathons!), and also a devoted grandfather to his five-year-old grandson (who lives in western Colorado with daughter Marian and her husband) and his nine-year-old granddaughter (who lives in Valencia, Spain, with son Harold and his wife.) Phil is looking forward to June, when both families will be visiting Phil and Lauretta for a family reunion.

Libby Meyer is a member of Amity Village.

SARAH BETH GREENBLATT, by Ellen Ryerson

Sarah Beth Greenblatt is a quiet, modest, easy-to-be-with, unbelievably accomplished dynamo. While moving into retirement, she continues to make remarkable contributions to the goals that have always gripped her: the welfare of children, the strength of families, continuity of quality family supports through and beyond foster care and adoption, and the health and welfare of communities, both religious and secular.

Sarah grew up in Meriden, CT, went to college at the University of Connecticut, and completed graduate programs in social work at Columbia School of Social Work and educational administration at Lesley College. She has been creating, evaluating, and administering national and local projects in these areas ever since.

Sarah's commitment to the well-being of young people also takes the form of service on the advisory board of Y2Y, an organization that is laboring to establish a 24-hour program for homeless youth in New Haven. It is modeled on a successful endeavor of the same sort established in Harvard Square.

Wooster Square, where Sarah lives and participates in HomeHaven's Downtown Village activities, also benefits from her energy. She serves as Captain of the Wooster Square Watch and is a Board Member of the Historic Wooster Square Association. If we ever again have such festivities as the Wooster Square Cherry Blossom Festival, she will have her shoulder to that wheel, too.

Wooster Square is Sarah's first venture in community involvement – of the secular kind. But she has expressed her commitment to her religious identity by serving on the board of Congregation Mishkan Israel in Hamden, including recently two challenging years as its President.

It was Bitsie Clarke who introduced Sarah to HomeHaven. Sarah regards the organization, in the abstract, as a fine idea. Concretely for her, it is a source of new friends, a place to turn for help if she needs it, and a way to provide help to others. She has enjoyed the learning lunch sessions, the Village bi-weekly Zoom cocktail hours, and – over-all – the social connections and intellectual stimulation she sees as a life-long need.

We are lucky to have her.

Ellen Ryerson is a member of Downtown Village.

Village Gatherings in June

Please check your email or the HH calendar for details and updates.

AMITY

Thursday, June 10 & 24.5pm Virtual Happy Hour! Join us every other Thursday!

DOWNTOWN Saturday, June 12 & 26. 5:30pm

Virtual Happy Hour!

Join us every other Saturday!

EAST ROCK

Saturday, June 5, 12, 19, 26. 5pm Virtual Happy Hour!

Join us every Saturday!

Wednesday, June 9. 10am.

Coffee @The Neighborhood Café, 947 State St. All fully vaccinated HHers are welcome to join.

Thursday, June 24. 4pm.

Happy Hour @East Rock Brewery, 285 Nicoll St. All fully vaccinated HHers are welcome to join.

HAMDEN/NORTH HAVEN

Tuesday, June 8. 10:30am In-person Coffee @Best Video, 1842 Whitney Ave. See you then!

WESTVILLE

Wednesday, June 2. 5:30pm Village Potluck

Potluck dinner @Celeste's house. See email for further details.

Thursday, June 17. 5:00pm Live Happy Hour!

Meeting in-person @Celeste's house. Join us every other Thursday!

Welcome, New Members!

Sharon & Jay Alpert — *Hamden Village*Beth & Cindy Glynn — *East Rock Village*



HH ONGOING EVENTS

Members Only

MEMOIR WRITING GROUPS

The groups meet every second and fourth Monday of the month for an hour and a half. We're Zooming these days, and it's working beautifully. For more information or if you would like to attend a meeting to see how it works, please email Harriet Bergmann at hfb183@gmail.com.

PINS AND NEEDLES

Monday, June 7. 3:00pm. In-person!

Bring a project and enjoy good company and lively discussion. New members are always welcome at these monthly gatherings. This month we will meet in-person at Kathy's house. If you would like to join the group, please call Kathy Denardo at (203) 687-8835. You must be fully vaccinated to attend.

PLAY READING GROUP

Tuesday, June 8.7pm.

The Real Inspector Hound by Tom Stoppard.

Limited to 12, register on the HH website calendar (you must be logged in to register). The play will be available on the calendar.

BOOK GROUP

Monday evenings. 7pm. every 5 weeks.

All genres welcome! Please contact Peggy Atherton for the current title & meeting time, peggyatherton@yahoo.com or 203-273-6118.



ERV met at The Neighborhood Café on Wednesday, May 12. Clockwise, around the table: Kerry Snyder, Joan Prum, Jeanne Kerr, Carol Hay, Karen and John Schneider, Ann Feinstein, Peggy Atherton, Steve and Judy August, Gretchen Kingsley, Louis Audette, Andrew McLaren.



Thursday, June 10, 1pm Emergency Preparedness for Older Adults with David Burich.

Community emergencies can occur at any time. Sudden wide-spread power outages, severe weather events, infrastructure failures including the internet, or health emergencies, can disrupt community services requiring people to be self-sufficient for days. How should we prepare for the possibility of emergencies in our community? David Burich, Clinical Emergency Medicine Education Specialist & certified Life Safety Specialist from Yale New Haven Health System, will talk about the importance of emergency preparedness for older adults. A Zoom link will go out prior to the presentation. **Open to members & friends.**

Tuesday, June 15, 5-7pm. HH Annual Picnic.

IF you are fully vaccinated join us at the Carriage House Gardens, Edgerton Park for a BYOP(icnic)! HH provides the libations, you provide your dinner and the vibrant atmosphere! Further details will be available closer to the event. **Members only.**

Remember to check out the HH Happenings on Fridays for all the latest on HH gatherings, presentations, and general goings on.

HOMEHAVEN OFFICE

203-776-7378

info@homehavenvillages.org

Thursday, June 17, 11am Lunch & Learn presents iPhone & Photography, a tutorial with John Sawyer.

John (Westville/Amity Villager & IT Committee member) will go through the basics of using your iPhone camera & storing/saving your pictures. Because Ansel Adams needs the competition! A Zoom link will go out prior to the presentation. **Members Only.**

Thursday, June 24, 11am.

Lunch & Learn presents De-Accession – The Straight Talk about the Disposition of Fine Art & Not So Fine Art with Judy Birke.

Judy Birke (ERV) will discuss tips to determine if Auntie Fran's vase is worthy of Antiques Roadshow! A Zoom link will go out prior to the presentation. **Members Only.**



Westvillains gathered at Celeste Markle's: Cecilia and Bob Berner, Jean Spencer, Judith Kidd, John Sawyer, Carol Nardini, Ken Kidd, Pam Stanton, Celeste Markle, and George Jafferis. Missing from photo but in attendance, Harvey Feinberg (at a grandson's baseball game when Susan Feinberg took the photo).

Generous support for HomeHaven provided by:

Whitneyville Food Center (203) 248-4471



www.thelandingofnorthhaven.com 203-780-0111











21 Bradley Road, Woodbridge 203-397-7544