



## Message from the Executive Director



When I was an activist in my teens and twenties, I used to wear a button that said: *Don't mourn – organize!*

HomeHaven opened its doors 10 years ago, started by a group of neighbors in East Rock. Today it is six villages strong, with

about 240 members throughout New Haven and five surrounding towns.

The “villages” springing up all around the country are part of a social movement resisting the trend toward ‘warehousing’ older people in congregate housing, removing them from the life of society to be neither seen nor heard. In a world enamored with youth and addicted to speed, the beauty of an older face goes unseen and there’s no patience for one with an unhurried gait.

What began as a hedge against time by people wanting to age gracefully in their own homes, is now a national movement addressing ageism and celebrating the wisdom and freedom of older age. Even as we recognize that not all seniors enjoy the comfort and freedom we have, we can permit ourselves to enjoy our good fortune and do what we can to help others.

### Save the Date: January 26, 2pm *The Lost Art of Dying* with Dr. Lydia Dugdale

A physician and bioethicist with a degree from the Yale Divinity School, Dr. Dugdale has written *The Lost Art of Dying: Reviving Forgotten Wisdom*. **Members Only. Via Zoom.** Details on page 11.

In addition to the services and resources it offers, HH is a social organization. Our activities and interest groups are member-driven. We are finding that on Zoom, we can easily share what we know and love with one another. The skills, expertise, and experience of our membership are truly astonishing: what have you been doing much of your life that others might find interesting, unique, delightful, even moving? The formats for sharing are varied: lectures, informal talks, travelogues, readings, show & tell. For example, coming up are talks by Hanna Hyland (Hamden) on sculpting and Louis Audette (East Rock) on model-making.

*continued on page 2*

## IN THIS ISSUE:

New Members .....	page 2
Household Committee.....	page 3
Village News .....	pages 3, 5 & 7
Computer Connection .....	page 4
Birthdays.....	page 4
Health Matters .....	page 5
Pandemic Pursuits .....	page 6
What We Are Reading .....	page 6
Past Events.....	pages 8 & 9
Village Verse.....	page 10
Ongoing Events .....	page 10
Dec/Jan Events.....	page 11

Generous support for HomeHaven provided by:



Click on the logos to go to the websites. A sponsorship placement does not represent endorsement of a business by HomeHaven.

## Message from the Executive Director *continued from page 1*

Our interest groups include play-reading, memoir-writing, Pins & Needles, Cooking in Different Languages (an elaborate cuisine-inspired potluck, temporarily suspended), and Dining Out Around the World (international cuisine, also suspended).

A hiking group may be in the making, with the input of some new members. Walk & Talk groups are starting. Two members have been meeting in Westville to speak Italian. Perhaps they'll have a walking *conversazione* this winter!

We are an evolving community, limited only by our imaginations. What do you want to do as part of HomeHaven?

As the button says: *Don't mourn – organize!* We will work with you to make it happen. Please bring us your ideas and interests as we begin a new year together.

Wishing you all a wonderful holiday season,



Lauri J. Lowell

## Welcome Back!

Aimlee Laderman rejoined  
*Downtown Village*



## HomeHaven News

Francie Irvine, *Editor*  
[irvmcl@gmail.com](mailto:irvmcl@gmail.com)

Published by HomeHaven, Inc.  
291 Whitney Avenue, Suite 103  
New Haven, Connecticut 06511  
203.776.7378

[info@homehavenvillages.org](mailto:info@homehavenvillages.org)

Layout and design by PIROET

*Thanks to Ellen Ryerson for her help in proofreading this edition.*

## HomeHaven's Mission Statement

***We help our members remain active, independent, and productive as they grow older in the comfort of their homes and communities. We provide social and educational activities, companionship, volunteer opportunities and services, and referrals to qualified professionals.***

### PLEASE JOIN US!

For information, call the  
HomeHaven office at 203.776.7378  
or email us at  
[info@homehavenvillages.org](mailto:info@homehavenvillages.org)

***"The best way to find yourself, is to lose yourself in the service of others."***

- Mohandas Gandhi

## ... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 0 rides by volunteer drivers (suspended for the time being)
- *Unknown number* of home visits by volunteer visitors (members and village leaders have been in phone or socially distanced contact with most of the villagers)
- 8 computer assists and numerous Zoom assists by volunteer computer helpers
- 31 referrals to volunteers or vetted providers for household help

Note: Members often call a service provider more than once without informing the office. You can help us keep accurate records by always letting us know each time you use a provider we recommended. ***It's important! Thanks.***

*Look for monthly reports giving rolling three-month totals.*

# HOUSEHOLD SERVICES COMMITTEE TIPS: Year-End Reminders

## from the Household Services Committee Members

### REFERRALS FOR HOUSEHOLD SERVICES

The Household Committee helps members find providers of household repairs services. We want to help you feel confident that someone reliable and trustworthy is coming into your home to make a repair, especially important if you happen to live by yourself.

For home maintenance, repairs, and construction, call the Office and Kate will refer your call to ServiceMaster Restore, who will find the right licensed individual for your job. ServiceMaster provides this valuable referral service to us at no charge.

For outdoor work, such as landscaping, tree work, gutters, pest control, and snow removal, HomeHaven maintains a list of recommended service providers. Call Kate and she will give you the name of someone to contact.

HomeHaven provides the referral. You then need to contact the recommended vendor and arrange for the work you require. To help maintain the reliability of the list of providers, you are asked – after the work is completed – to let the Office know how they performed. This is important for your fellow members.

For simple light duty chores, such as changing light bulbs or hanging art, call the office and Kate will try to find a volunteer to help you. We are currently collecting names of members who are willing and able to perform such tasks for other members.

### CONDO, COOP AND RENTAL DWELLERS

Most of the references in our articles address house owners, but much of what we recommend to them applies to apartments as well. Due to the pandemic, we are on hold for interior home safety inspections, but if you need grab bars or rugs secured or other conveniences not supplied by your management company, call the HH Office and get a referral.

Condo owners should check their agreements in order to find out what specific items are their responsibility and will not be done by the Association. Coop and rental tenants can find out the same information from their managing agents.

### SNOWBLOWERS TO SHARE?

If you use a snow removal company, it's a good idea to find out before the first snowstorm whether they will still provide the service for you this winter. If you have your own snowblower, you might think about sharing it with your neighbors, or asking if they would share theirs with you. A lot of us live near each other and this is a great way of putting the HomeHaven concept into practice.

### WE NEED HOUSEHOLD VOLUNTEERS!

Can you hang a picture, change a light bulb or smoke detector battery, pull down a storm window, do some light lifting? Would you like to help a HH member with simple chores such as these? Call Kate and she'll put you in touch with the Household Services Committee. Thanks in advance!

## The "Westvillains" Step Out



The "Villains" are, from left to right: Ken Kidd, Jean Spencer, Judith Kidd, Cecilia Berner, John Sawyer, and Pam Stanton. Missing because someone had to take the photo: Susan Feinberg

**WANTED**

**HOMEHAVEN**

**HOUSEHOLD SERVICES**

**COMMITTEE VOLUNTEERS**

*We are still looking for people  
to help with an occasional  
chore or task!*

# IT COMMITTEE: Online Payments

by John Sawyer

Normally, the mention of on-line payment services strikes fear into the heart of anyone over the age of 40. This article will hopefully resolve many of these fears and allow you to use one of the easiest ways of sending or receiving money – much more quickly than waiting for the U.S. Postal Service.

First of all, you need a very “strong” password to use any of these services. By that, I mean:

1. 10-15 characters
2. A mixture of upper and lower case letters, numbers 0-9, and a special character or two (!, @, #, \$, %, ^, etc.).

This doesn't mean that you need to create a password that you can't remember. I'll use my last name, Sawyer, as an example: \$@wy3R42 (that is, \$ for S, @ for a, 3 for e, and 42 for my birth year. See? Not hard at all!

To continue: in the beginning... there was PayPal. Founded in 1988, PayPal was a libertarian experiment concocted by, among others, Elon Musk. By 2002, it had become so successful that Ebay bought it to be its payment-processing platform. This relationship was severed in 2015, and each became an independent company. To understand PayPal's rapid growth, consider the value of the payments it processed over several years: 2010 - \$150B, 2018 - \$578B, 2019 - \$712B (that's B as in Billion).

According to Investopedia, these days PayPal has a lot of competition, the best of those being Skrill (cheaper – charges 2.9% vs. PayPal's 4.5%) and Google Pay Send (also cheaper). Of these, I have used only PayPal, to which I have belonged since 2001. In almost 20 years, I have never had a payment or collection problem with them.

Then, there are the money-transfer apps. These permit you to use your smart phone to send and receive money. Some of these are Google Pay, Zelle, Apple

Pay (iPhone Only), Samsung Pay (Point of Sale only), and Venmo. I have used Apple Pay (on my iPhone... use it all the time) and Venmo (how my kids and I send money back and forth). Once again, the “strong” password rules apply. And, like most on-line activity, it is perfectly secure if you follow simple security rules.

---

*John Sawyer serves on the IT Task Force and is a member of the Amity and Westville Villages.*



## ***Happy Birthday to HomeHaven members with a birthday in December***

Steve August Carol Bartlett  
Hans Bergmann Henry Binder  
Elin Brockman Constance LaPalombara  
Lauri Lowell Barbara Mikolajewska  
Carol Nardini Hank Powell  
Charlotte Rae Ron Rozett

## ***or in January***

Bob Adnopoz Karen Baar  
Herb Brockman Lydia Bornick  
Scott Braznell Judith Calvert  
Ann Feinstein Irene Fiss  
Owen Fiss Judy Hickey  
Francesco Iachello George Jafferis  
Ken Kidd Wayne Meeks  
Drew McDermott Bobbi Miller  
Judy Nugent Prish Pierce  
Rosemary Plotnick Bob Sandine  
Catherine Skinner Lee McGee Street  
Mary-Jo Warren



**HOMEHAVEN OFFICE**

☞ **203-776-7378** ☜

**info@homehavenvillages.org**



# HEALTH MATTERS: Shingles

by Ron Rozett

Shingles (herpes zoster) is caused by the varicella-zoster virus (VZV), the same virus that causes chickenpox. Anyone who has had chickenpox, typically during childhood, can develop shingles. The virus lies dormant in nerve tissue near the spinal cord and brain. Years, usually decades later, the virus reactivates, appearing as a painful, blistering rash called shingles. Although the rash can occur anywhere on the body, it is usually located on either the right or left side of the torso, following the distribution of one or two cutaneous nerves originating in the spinal cord. Since it follows spinal nerves, characteristically the rash does not cross the midline of the body. In other words, it is one-sided. This is a diagnostic of the disease.

The rash consists of clusters of small itchy blisters (vesicles) distributed in a single stripe. Symptoms include:

- Pain, burning, itching or tingling – usually the first symptom, appearing even before the rash is visible;
- Sensitivity to touch, even a light touch;
- An inflamed rash with vesicles that break open and crust over a period of days; and
- Fever, headache, light sensitivity, and fatigue.

Uncommonly, some people experience pain without ever developing a rash, while some develop the shingles rash around one eye accompanied by a severe headache lasting several days. If untreated, this variety of shingles can lead to permanent eye damage.

Developing shingles is probably related to an impaired immune response, particularly in older people. Also, people with weakened immune systems caused by medications, including steroids and chemotherapy agents, or diseases like different forms of cancer are vulnerable to shingles. The incidence of shingles is two to three times higher in people over the age of 60 and 100 times higher in people with leukemia, lymphoma, and AIDS.

Until the blistering rash scabs over, infected people are contagious and should avoid contact with anyone who has not had chickenpox (varicella) or the chickenpox vaccine, especially infants and pregnant women. Although when transmitted the VZV virus can cause chickenpox in susceptible people, it does not cause shingles itself.

Shingles can lead to several complications:

- Post-herpetic neuralgia: continued pain, often severe, in the distribution of the rash even after the rash has disappeared; and
- Neurologic problems: depending on which nerves are involved, shingles can cause encephalitis, facial paralysis, and hearing or balance problems.

Shingrix, the new shingles vaccine (available since 2017), offers protection against shingles for more than five years. It is a vaccine made of VZV components and is given in two doses, two to six months apart. Although a great advance in preventing the development of shingles, it does not guarantee protection; should shingles occur, however, it will be milder and of shorter duration.

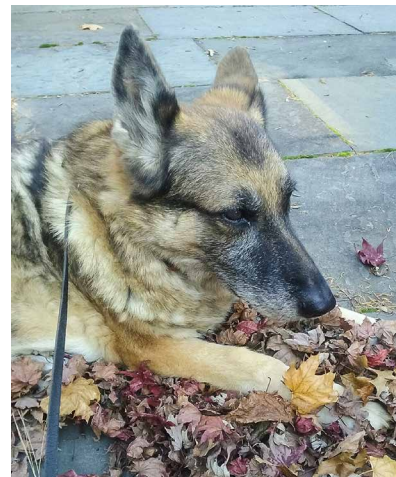
**Everyone in our age group should get the Shingrix vaccine, even if you have received the older, less effective, shingles vaccine.**

---

*Ron Rozett is a member of the Health & Wellness Committee and is part of the Hamden Village.*

---

## Hamden Villagers to the Rescue!



From Kaye Maggart: Kava, a HomeHaven seeing-eye dog, was found wandering in our neighborhood with only her name tag, but we knew her from giving her rides (with her HH owner) to Hamden village coffees last year. Kava was happily delivered home thanks to a coffee connection!

# PANDEMIC PASTIMES AND PURSUITS

## Members share how they've kept busy these days...

### PATTY LANGDON

What to do, I wondered, during the long days of March and April, when COVID was at its worst and we were essentially in lockdown mode? I decided to make an inventory of my household possessions so that my children would know the story of each piece.

I have many pieces of family furniture, passed down to me over the years and at my mother's death. Both my grandmother and my great-grandmother died when my mother was young, and she inherited both their estates, as well as an island in Norway named Lysoen. It had belonged to her grandfather, the Norwegian violinist Ole Bull. I went from room to room, lingering over each piece and remembering where it was in my mother's house, or when it was given to me to mark a special birthday.

I told the history as I knew it – a piece of silver from Moravia, a heavy Latvian chest with iron decoration from 1818 (which I and my small children loaded into my station wagon before my mother changed her mind about giving it to me), a pastel drawing of my grandmother that used to be in Norway. It was fun for me to do this and sometimes educational, as I tried to research and remember. I am glad to leave a record for my children and grandchildren of the things I grew

up with, or acquired later, and loved. Here are some samples of my remembered pieces:

Framed painting of fruit, bought by me at \$15 at John Slade Ely house in the 60's.

Royal Copenhagen Tanquebar pattern soup tureen, bought with my last paycheck from Vassar.

Brother Stephen's silver baby cup, given to me by his son Bart right after Stephen died. To be returned to Bart.

Square metal loom with purple yarns, given to me by my oldest friend Dale, who used it as a teaching device in Africa. Typically for her, she admired it once and asked me where I got it.

Pair of red votives: we used these when I was growing up in Sandy Hook to light each window at Christmas time.

I took great pleasure in doing this inventory, revisiting old memories while trying to make sure that the next generation will understand and love these pieces of our heritage as well.

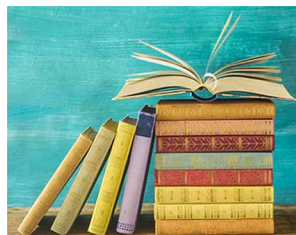
*Patty Langdon is a co-leader of Hamden Village and vice president of the Board.*

*continued on page 7*

---

## What We're Reading

HH Villagers share what is helping them through trying times. Thanks to Celeste Markle for soliciting and compiling these reviews.



**Laura Altshul of Downtown Village** shared, "I loved Elisabeth Tova Bailey's *The Sound of a Wild Snail Eating*. It's a very meditative book, full of careful observations. I thoroughly enjoyed *Red at the Bone*, by Jacqueline Woodson: three generations of Black women and the effects of trauma through their lives. And I have just begun Elena Ferrante's new novel, *The Lying Life of Adults*, and am finding it terrific."

**Eric Denardo of Hamden Village** just finished *Sapiens: A Brief History of Humankind*, by Yuval Noah Harari. "The book's scope astounded me.

The author begins with the various species of the genus Homo (e.g. Neanderthal) and traces the social, organizational, religious, and scientific development up to the present day. At the end he speculates about what will replace Sapiens as we tamper with our genes. It is beautifully written, and I was fascinated by everything but the end."

**Harry Attridge, ERV**, highly recommends *The Club: Johnson, Boswell, and the Friends Who Shaped an Age*, by Leo Damrosch, an emeritus professor of Literature at Harvard. "This is an engaging look at the intellectual elite of 18<sup>th</sup> century London, full of amusing anecdotes and insightful exploration of an intellectual world that profoundly shaped our own. Leading characters Boswell and Johnson loom large throughout the work. Equally illuminating are the treatments of Adam Smith, Joshua Reynolds, David Garrick, and Edward Gibbon."



## JIM MAGGART

*Jim Maggart began his woodworking projects – mostly furniture for children and grandchildren – in the basement of the Headmaster’s House at Hamden Hall School, where he was Head for thirteen years. He had held similar positions in Istanbul, Turkey, and Houston, Texas. After retirement, he worked as a consultant for Educators Collaborative LLC and led international school evaluations abroad for NEASC. About three years ago, he started turning bowls on a lathe.*

### Escaping to the Basement Woodshop

Most of my early bowls were made from local cherry and maple wood, but by the beginning of the pandemic, I had discovered the world of segmented bowls. As you can see from the photos, they are made from concentric layers of geometric pieces glued together like mosaics, then turned, sanded and finished. Since these bowls with crowns and diamond shapes were turned during the COVID-19 quarantine, the family has dubbed them my “Corona Collection.” Like previous ones, I plan to give most away to family or contribute them to charity fundraisers.



*Clockwise from top left: Jim at the lathe; Jim standing by table with bowl collection; Closeup of corona bowl*

*Jim Maggart is chair of the IT Committee and is a member of Hamden Village.*

---

## How We’ve Gotten Together

by Hanna Hyland and Kim Rakusin

We have gathered at Helen Robinson’s in the rain and cold, determined to get together for as long as possible before the winter starts in earnest. These photos should go into the annals of demonstrations of pandemic desperation. It is true that we all contribute, but it is Helen’s generosity and hard work...setting out chairs...providing blankets...

etc. that makes all this possible...Plus a house that provides both a wonderful, large, protected porch and a beautiful outdoors which she shares so generously. The hardy folk in attendance are: Joan Prum, Jeannie Drury, Carol Bartlett, Helen Robinson, Rosemary Plotnik, Kim Rakusin and Emily, Helen’s granddaughter.



# The Craft of Translation

by Francie Irvine



Thirty or more HomeHaveners gathered by Zoom on November 11 to hear Libby Meyer (Amity Village) talk about her work as a translator. It was an entertaining and informative hour, during which Libby provided insights into how language informs culture, and vice versa.

For Libby, the author is an “artist” and the translator a “craftsperson.” That means that the translator must bring the author’s ideas, words, and mood to the page in a process similar to that of an editor, requiring addition or subtraction of words without disturbing the direction and emotion of the author’s narrative.

Libby heard German as a child from her parents and perfected it in college before working for a German art book seller. Then she moved to Harcourt-Brace in the children’s division: her department imported foreign books for American children. There she got her first opportunity to translate a book – without getting any credit. But she was credited on her second translation and over time became a sought-after translator of everything from picture books with little text to books for adolescents – “Young Adult” (YA) reading.

After spending time at William Morrow, Libby became a freelance translator.

As she described it, the work seems actually to be as much art as science: Libby would plunge into a German text, noting its style, vocabulary, and tone. She’d read it once, quickly, and then return to write down everything that came “easily.” She’d ask herself: “How would I say

that?” or “How can I help people hear this in English?” With everything on paper but the “knotty problems,” Libby would reread and refine, leaving as much time as possible between each reading to develop “a cold eye” for finding awkward expression.

Problems can abound in translation: poetry is difficult given differing meters and rhymes; nonsense has an underlying form that is hard to get into English; if the author doesn’t explain something in depth and the translator lacks expertise in that area, technical problems can emerge. But Libby makes clear that a translator needs to be a native speaker of the language she is translating into in order to provide the reader with the natural language rhythms and cultural background – the essential “furniture” of shared experience.

Finally, Libby discussed one of the most important YA books she has translated: *Over A Thousand Hills I Walk with You*, by German author Hanna Jansen. The true story of Jeanne, an orphan of the Rwandan genocide who is ultimately adopted by the author, Libby described it as “hard reading but hopeful in the end.”

What both the “artist” and the “craftswoman” do is describe and personalize the experience of others so that it becomes our own. We grow in empathy and understanding through reading. That is a gift!

---

Francie Irvine edits the HH newsletter and is a member of East Rock Village.



# Professor Alan Mikhail on Sultan Selim

by Trish O'Leary Treat (with additions by Francie Irvine)

HomeHaven members had a chance to deepen their understanding of the Ottoman Empire and its influence on Europe and the modern world when they heard Prof. Alan Mikhail's November 18 talk on Zoom. Laced with intriguing illustrations and maps, Prof. Mikhail's book *God's Shadow: Sultan Selim, His Ottoman Empire and the Making of the Modern World* has received in-depth reviews in *The Wall Street Journal*, *The New York Times*, *The Times Literary Supplement* and numerous other publications. The book, however, is written for a general audience as well as for scholars. Prof. Mikhail is currently chair of the Yale History Department.

He shared some of his findings with us: as the Ottoman Empire expanded under the leadership of Sultan Selim (The Grim), Europeans found much to admire and to fear. Martin Luther wrote about the Ottoman Empire and Islam as he launched the Reformation. He found the non-hierarchical nature of Islam more attractive than Catholicism's stratified power structure, and he also appreciated the plain iconography of the religion. Luther believed Islam was perhaps sent as God's punishment of lax Christian believers, especially the Roman Catholic clergy and pope.

On the other hand, many European rulers and explorers were obsessed by the worldwide threat Islam and the Ottoman Empire seemed to pose to their economies and cultures. They believed they saw

in Columbus's reports signs of Islamic influence. The drive to find a new route to India occurred in part because the Ottoman Empire's expansion blocked the overland route to the east.

Some of the book's surprising revelations:

- Selim's subjects were of diverse religious and ethnic backgrounds.
- His non-Islamic subjects lived in relative freedom under humane rule—in contrast to the ruthless treatment shown to Muslims and Jews by Ferdinand and Isabella in Spain during the same period.
- In popular history, “Suleiman the Magnificent,” Selim's son, has held a more exalted reputation than his father in part because he was able to take advantage of the presence of the writers, poets, artists, architects, and builders who came to Istanbul in the wake of Selim's conquest of the Mamluk Empire – Egypt, the Levant, and North Africa.

HomeHaven readers who are interested in global history or those have enjoyed their travels to Spain, Turkey, Egypt, and North Africa will be fascinated by the account in Professor Mikhail's new book.

*Trish O'Leary Treat is a member of Amity Village. Last month, she shared her fable, The Big Blue Hen, with HomeHaven members.*

---

## Prostate Health

by Phil Pierce and Pat Allen

Dr. Daniel Kellner, an Assistant Professor of Urology at Yale University School of Medicine, provided a tour de force review of benign prostatic hyperplasia (BPH) via HomeHaven Zoom on November 13.

BPH typically affects older men (60% prevalence at age 70 years) causing urinary frequency and urgency. Dr. Kellner reviewed the anatomy, medical assessment, medical therapies, and surgical techniques to address symptoms and improve quality of life related to urological conditions. One innovative approach Dr. Kellner discussed was HoLEP (Holmium Laser Enucleation of the Prostate), which offers longer relief of symptoms than other existing interventions.

The talk engaged HomeHaven members “in attendance.” They shared stories and gained further insights during an interactive question and answer session. Dr. Kellner encouraged men to discuss their urinary symptoms with their primary care providers during annual check-ups, as new treatments may decrease the frequency of trips to the bathroom or the sudden mad dash to the john.

---

*Phil Pierce serves on the Health & Wellness Committee and is a member of Amity Village. Pat Allen is a member of Amity Village and chair of HomeHaven's Health & Wellness Committee.*

## VILLAGE VERSE Tea

by Andrew McLaren

It was not too hard  
For God,  
Who was English  
And omniscient anyway,  
To know that chaos  
Could never contend  
With a cup of tea.  
Perceiving  
That existence  
Was infinitely more amusing  
For him than for us,  
He measured out a careful spoonful  
Of mercy,  
And decreed  
That tempests would henceforth  
Be banned from teapots.  
In our cups  
Conflicts  
Would succumb to human  
Kindness –  
With or without milk.  
Heaven is made of such thoughts.

---

*Andrew McLaren is a member of ERV.*

## HH ONGOING EVENTS

### MEMOIR WRITING GROUPS

The groups meet every second and fourth Monday of the month for an hour and a half. We're Zooming these days, and it's working beautifully. For more information or if you would like to attend a meeting to see how it works, please email Harriet Bergmann at [hfb183@gmail.com](mailto:hfb183@gmail.com).

### PINS AND NEEDLES

**Monday, December 7, at 3:00pm**

**Monday, January 4, at 3:00pm**

Meetings are currently being held via Zoom. Bring a project and enjoy good company and lively discussion. New members are always welcome at these monthly gatherings. If you would like to join the group and be included in the group Zoom invitation please email Kathy Denardo at [vivian.denardo@att.net](mailto:vivian.denardo@att.net).

### PLAY READING GROUP

**Tuesday December 15 at 7pm**

*Long Christmas Dinner,*  
by Thornton Wilder *and*  
*Child's Christmas in Wales,*  
by Dylan Thomas

**Tuesdays, Jan. 19 & 26 at 7pm**

*The Cocktail Party*, by T.S. Eliot

Via Zoom. Limited to 12. The play will be available on the HH website calendar. You must be logged in to register. Members only.

## Zoom Gatherings in Your Village

*Please check your email or the HH calendar for details and updates on these gatherings via Zoom.*

### AMITY

**Thursday, Dec. 10 & 24; Jan. 7 & 21, 5pm**

**Virtual Happy Hours.** Join us every other Thursday!

### DOWNTOWN

**Saturday, Dec. 12 & 26; Jan. 9 & 23, 5:30pm**

**Virtual Happy Hours.** Join us every other Saturday!

### EAST ROCK

**Saturday, Dec. 5, 12, 19 & 26;**

**Jan. 2, 9, 16, 23 & 30, 5pm Virtual Happy Hours.** Join us every Saturday!

### HAMDEN & NORTH HAVEN

**Tuesday, Dec. 8; Jan. 12, 10:30am**

**Virtual Coffee.** Join us every second Tuesday!

### WESTVILLE

**Thursday, Dec. 3, 17 & 31; Jan. 14 & 28, 5:30pm**

**Virtual Happy Hours!** Join us every other Thursday!

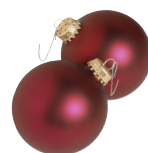


*Happy Holidays!*



# Events: December 2020 - January 2021

The office will be closed on Thursday, December 24; Friday, December 25; Thursday, December 31; Friday, January 1 & Monday, January 18.



## DECEMBER

Wednesday, Dec. 2, 11:00am.

**Lunch & Learn: Reasoning & Discoveries Over a Lifetime of Model Making with Louis Audette.**

**Via Zoom\***. Lunch & Learn is a series featuring HHers discussing an area of expertise. **Members only.**

Thursday, Dec. 10, 1:00pm.

**Seven Steps to Safer Mobility with Dr. Mary Tinetti.**

**Via Zoom.** Falls are the leading cause of injury among older adults. An innovative researcher and recipient of a MacArthur Foundation fellowship, Dr. Tinetti transformed the prevailing view of falls from an inevitable consequence of aging to a preventable event with multiple risk factors that can be identified and controlled. *There are things we can do to decrease our risk of falling and improve our mobility.* Dr. Tinetti is the Gladys Philips Crofoot Professor of Medicine and Public Health, and Chief of Geriatrics at the Yale University School of Medicine. **All are welcome. Please share the link.** <https://us02web.zoom.us/j/87475566590?pwd=S0ZzRktaQmd2M3RGNjV6Zm1qL2dFUT09>

Wednesday, December 16, 7:30pm

**A Christmas Carol**, by Charles Dickens.

Traugott Lawler, Professor Emeritus of English at Yale, will, as he did last year, read Charles Dickens's *Christmas Carol* (1843), this time on Zoom\*. He has a copy of the shortened version Dickens made for his own public readings, keeping all the best lines. It takes just an hour. **Open to all.**

Monday, Dec. 21, 4:30pm.

**HH's Solstice Celebration!**

This year, COVID makes our usual holiday gathering at Louis Audette's impossible. Nevertheless, let us gather to share our HH friendships and cheer via Zoom\*. **Members and their families only.**

## JANUARY

Wednesday, Jan. 6, 11:00am.

**Lunch & Learn: An Artist's Passion: 50 Years of Work with Hanna Hyland.**

**Via Zoom\***. Hanna Hyland (Hamden) will discuss and show her sculpture, costumed dolls, miniature fairytales, and paintings. **Members only.**

Wednesday, Jan. 13, 4:00pm.

**HH Poets & Writers presents: The Case of the Piglet's Paternity, a book talk with Jon Blue.**

**Via Zoom\***. Jon Blue (Hamden) will discuss his book on the odd and unusual legal battles in the New Haven colony. **Members only.**

Tuesday, Jan. 26, 2:00pm.

**The Lost Art of Dying with Dr. Lydia Dugdale. Via Zoom\***. A physician and bioethicist with a degree from the Yale Divinity School, Dr. Dugdale has written *The Lost Art of Dying: Reviving Forgotten Wisdom*. She will address what it means to die poorly in today's world and the lost *ars moriendi*, a 14<sup>th</sup> century handbook on the art of dying well. **Members Only.**

Wednesday, Jan. 27, 2:00pm.

**The CT Food Bank presents**

**Combating Hunger During a Pandemic**

with Beverly Catchpole, Sr. Director of Development, and Paul Shipman, Sr. Director of Community Relations, Marketing and Governmental Relations. They will discuss how the pandemic has changed their practices, with special attention to the sourcing of food, acquisition and distribution, and local food pantries and soup kitchens. **Open to the public. Via Zoom\*.**

*\*The Zoom link will go out the day before the event.*

Generous support for HomeHaven provided by:

Whitneyville Food Center  
(203) 248-4471

**THE LANDING**  
OF NORTH HAVEN  
[www.thelandingofnorthhaven.com](http://www.thelandingofnorthhaven.com)  
203-780-0111

**ServiceMASTER**  
Restore  
203-535-0370

**Visiting Angels**  
LIVING ASSISTANCE SERVICES  
203-298-9700

**Assisted Living**  
SERVICES, INC.  
IN-HOME CARE SOLUTIONS FOR AGING IN PLACE  
[www.assistedlivingct.com](http://www.assistedlivingct.com)  
203 634-8668

**Thrive**  
AT HOME  
WITH WHITNEY CENTER  
[www.thriveathome.org](http://www.thriveathome.org)  
203-848-2626

**BENCHMARK**  
SENIOR LIVING  
at HAMDEN  
35 Hamden Hills Drive, Hamden  
203-248-1864

**Coachman Square**  
at Woodbridge  
21 Bradley Road, Woodbridge  
203-397-7544

Click on the logos to go to the websites.

A sponsorship placement does not represent endorsement of a business by HomeHaven.