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HomeHaven News

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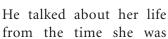
203.776.7378

North Haven

MAY 2017

Message from the President

If you were at the Mud Follies on April 6, you would have heard Bob Gifford read his latest Doggerel — a warm and eloquent tribute to our own Bitsie Clark, beloved Executive Director of Home Haven.





born in Cohoes NY, to when she went to Vassar and married a Yale man. When they moved to New Haven in 1956, Bitsie began her career with the Girl Scouts of the USA, followed by a period with the New Haven Arts Council. She was then elected Alderman for the downtown district, and when someone from what was then East Rock Village asked her who she thought would make a good Executive Director, she applied for the job herself. There was no question that she was the best qualified, with all the experiences she had gained from each of her various positions.

So in the spring of 2011, when East Rock Village had only been enrolling members for a few months, Bitsie got the job. Not only did she develop the Hub and Spoke structure (inspired by her years in the Girl Scouts) but also the many people whom she had met over the years in New Haven became the nucleus of her membership drives. The Arts Council gave her the inspiration to do many programs related to the arts, and she is planning an arts exhibit this spring for members of HomeHaven who want to display their talents.

> "Gardening is a matter of your enthusiasm holding up until your back gets used to it."

> > - Author Unknown

We are lucky to have had her for the past seven years, working day and night for our organization.

Bitsie has announced plans for her retirement on October 1, 2017. She plans to sell her beautiful condominium at Audubon Court, where she has resided since it was first built 20 years ago, and she will move to a Continuing Care Retirement Community in our area. This means that she can still be a member of HomeHaven, and will continue to be an inspiration and role model for all of us.

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Message from the President continued from page 1

It has been my good fortune to have worked with her this year. I will miss this relationship, but I will treasure her friendship wherever either of us goes.

I have appointed a search committee chaired by Jane Jervis and including Hal Spitzer, Sheilah Rostow, and Wayne Meeks. If you know anyone who might be interested in becoming our executive director, or who might be a source of information about good candidates, please let Jane know at homehaven.search@gmail.com or 203-773-3503.

Margaret "Peggy" Atherton

LINKING UP

Links to items of interest recommended by newsletter readers.

A faithful reader recommends the recent New York Times op-ed about why you should read books that you hate. "Defensiveness makes you a better reader, a closer, more skeptical reader: a critic. Arguing with the author in your head forces you to gather opposing evidence." And reading a novel "means immersing yourself in another person's world and discovering how it feels. That's part of what makes books you despise so hard to dismiss."

HomeHaven News

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Kerry Snyder to Give Organ Recital

Kerry Snyder will play the Krigbaum mean-tone organ in a recital for HomeHaven members on Thursday, May 25, at 4:30 pm in Marquand Chapel at the Yale Divinity School. (*Also see p. 10*)

The program will open with works by Schildt, Frescobaldi, and Buxtehude, each featuring variations on a theme used in different ways. It continues with Handel's *Organ Concerto*, op. 4 no. 5, and *Praeludium in g* by Buxtehude.

The organ, named for Professor Emeritus of Organ and former HomeHaven member Charles Krigbaum, was built in 2007. Inspired by 17th century North German organs, its mean-tone tuning produces pure thirds but at the expense of limiting the number of keys in which it can be played. Attendees are welcome to visit the balcony after the recital to see the organ and learn more about it.

Kerala J. Snyder is Professor Emerita of Musicology and an Affiliate Faculty member in the Department of Organ, Sacred Music and Historical Keyboards at the Eastman School of Music, University of Rochester. She was a founding member of East Rock Village.

... AT YOUR SERVICE!

In the past three months, HomeHaven provided members with:

- 83 rides by volunteer drivers
- 35 visits by volunteer visitors
- 4 computer assists by volunteer computer helpers
- 11 referrals to volunteers or vetted providers for household help

Note: Members often call a service provider more than once without informing the office. You can help us keep records by always letting us know each time you use a provider we recommended. *It's important!!*

Look for monthly reports giving rolling threemonth totals.

MEET OUR MEMBERS: A Conversation with Lynda and Brian West by Patty Langdon



It's a pleasure to enter the home of Lynda and Brian West. Light streams in through the many windows and there is wonderful art on the walls, mostly from their native Ireland. Some intricately beaded African works add lots of color to their living room and the cozy porch. Although Brian's father taught Lynda's father at a local boarding school, they did not meet until Trinity College, Dublin University, where the alphabetical seating in a large classroom put Lynda Tyrrell and Brian West in close proximity.

Brian got his BA in Natural Science, specializing in Zoology, and went on to the University of California, Davis for an MS in Food Science and Technology. His mother ran a company producing malt for beer, which Brian thought he might run someday. He lost interest when Guinness took it over. He then got a position teaching and doing research in Marine Zoology at Trinity College, married Lynda, and had two children, a son, Eoin and a daughter, Aoife, before starting medical school at age 30. As a side line, he started one of Ireland's first salmon farms in the northern part of the Republic of Ireland - a poor area with low employment, from which all the children emigrated. Brian says this was one of his most satisfying accomplishments, as the farm was a big success and now employs 250 workers. The region is thriving, there is little unemployment, and the children and grandchildren can find jobs. Look out for Irish Organic Salmon at Number 1 Fish!

In the meantime, Lynda got her Masters in Biochemistry at Trinity College, worked as a research

assistant at the University of Toronto, returned to Dublin, married, had children, and taught school and ran freshman biology labs at Trinity when the children were young.

Brian took a position at Yale as a fellow in gastrointestinal pathology under Dr. Ken Barwick in 1986; Lynda followed, with the children, the next year, and was given the opportunity to return to research by Dr. Mark Mooseker. She went on to complete 25 years at Yale as a research associate, first in Dermatology and later in Neurology under Dr. Steve Waxman. A competitive tennis and squash team member in her college days, Lynda continues to enjoy racquet sports and is an enthusiastic player.

Brian advanced quickly at Yale, specializing in gastrointestinal and liver pathology, and rising to the rank of full professor. A dedicated teacher, he particularly enjoyed his interactions with residents and medical students. He went on to head the Surgical Pathology program at the University of Texas Medical Branch in Galveston, the Anatomic Pathology program at New York University, and to spend two years with Ameripath setting up a new diagnostic laboratory. Then he returned to Yale, where he successfully headed the Anatomic and Surgical Pathology programs for eight years. He retired in 2015, but keeps his hand in at the department from time to time.

The Wests travel a lot, keep up with old friends and colleagues, and visit their children often. Eoin is an associate professor at the University of Washington in Seattle and Aoife is a clinical psychiatrist in New York City.

Lynda retired three years ago and was immediately pressed into service by her neighbor, Judith Colton, to become a visitor for HomeHaven. She does that gladly and she and Brian joined HomeHaven in 2015 and attend many of its events. Lynda is also a valued member of the Hamden Core Team.

"A garden is always a series of losses set against a few triumphs, like life itself."

- May Sarton

HomeHaven is participating in ...



An online giving event 8 am May 2 - 8 pm May 3 at www.GreatGive.org

The Great Give is Greater New Haven's premier charitable giving event, a 36- hour online fundraising challenge to support local non-profits. HomeHaven has participated for a number of years and has won a number of prizes. Donating is easy! Just go to www.TheGreatGive.org, have your credit card ready, and read the instructions.

Of course there are rules! You may donate only on line and only during the hours of 8 am on Tuesday May 2 to 8 pm on Wednesday May 3. Please choose HomeHaven to receive your gift(s).

To make this more exciting, prizes are offered for different times and for different categories of both donors and recipients. This year we are focusing on winning the bonus prizes for the most donors in two specific time periods, and the most donors total. Household members should donate separately and you may split your gift between these two periods. Please enlist your friends and families to help!

Tuesday May 2 between 8:00 and 9:00 am: \$1000 Early Bird Prize goes to the five organizations with the most donors in this hour.

Wednesday May 3 between 6:00 and 8:00 am: \$500 Seize the Day Prize goes to the organization with the most donors in these two hours.

If we win either of these early-bird prizes, the HomeHaven Board will contribute \$1000 as a match! They have put up an additional \$1000 if we have a total of 100 individual donors during the entire 36 hours! Let's make them pay up!!!

In addition a generous \$2500 corporate gift goes to the organization in our category (Health and Wellness) that receives support from the most donors in the entire 36 hours of the event. Please help us win this prize!

If competition turns you on, you may follow the progress of the Great Give on line, moment by moment. Just log in to www.TheGreatGive.org and look for the link to the Leader Board. Remember it's the number of donors and the number of gifts that win the prizes, not the size of the gifts. All of your gifts, both large and small, will be greatly appreciated and will help us grow and thrive.

MUD FOLLIES 2017

A truly dreadful day of pouring rain and howling winds on April 6th did not deter our members and guests from turning out in record numbers for Mud Follies 2017. In the charming theater of the Whitneyville Cultural Commons, Impressario Magnifico Louis Audette introduced, cajoled, and comforted members of the cast as they entertained the appreciative crowd.

We had singers and dancers and instrumentalists — and some who sang and danced or sang and played at the same time. We had a magician and poets. And of course no HomeHaven event could be complete

without food and drink, provided by Celeste Markle, our own Perle Mesta.

See photos on page 5. Top row, left to right: Dan Rausch, Jane Jervis, Norman Chonacky, The Elm City Four (Al Atherton, Phipp Stevens, Jim Monde, and Kem Edwards; Second row, left to right: Coda Blue (Tim Quinn, Louis Audette, and Ron Guerrette), Bob Gifford, Ellen and Frank Estes; Below: The entire cast takes a final bow. Not pictured separately: Shula Chernoff, Ingeborg Schimmer with the Vintage Voices, and Jim Vines, on screen.















HEALTH MATTERS: Generic Drugs and Over-the-Counter Products by Robert Gifford, M.D.

A generic drug is a copy of a brand-name drug that is identical in content, dosage, safety, strength, administration, quality, performance, and intended use. The FDA requires generics to be as safe and effective as brand-name drugs. Since generics use the same active ingredients, they have the same risks and benefits as their brand-name counterparts. The FDA also requires generic drugs to have the same quality, strength, purity, and stability as brand-name drugs. Generic drugs are less expensive because generic manufacturers don't have the investment costs of the developer of a new drug. New drugs are developed under an exclusive patent protection for usually 20 years from the date of submission of the patent. As patents near expiration, other manufacturers can apply to the FDA to sell generic versions. Once a generic drug has been approved, there is often greater competition, which also keeps the price down. Today, more than half of all prescriptions are filled with generic drugs. Both brand-name and generic drug facilities must meet the same standards of good manufacturing practices.

You may have noted that the generic pill may not look exactly like the brand-name pill. Although the active ingredients must be duplicated in the generic version, color, flavor, and certain other inactive ingredients may be different. The company making a generic drug must also demonstrate that the generic form is absorbed and distributed to the part of the body at which it has its effect, similar to its brandname counterpart.

Americans needlessly spend a lot of money on brandname drugs when there is an equivalent generic form available. For prescription drugs, many doctors now routinely prescribe a generic drug when available. For over-the-counter medications, we are in better control of what we buy. One easy way to cut costs is to switch from name-brand drugs to cheaper, storebrand versions of the same products. According to Consumer Reports, making the switch to generic over-the-counter (OTC) medications could save you up to 73%.

For example, when the pain reliever Acetaminophen was developed in the late 1950s, it was only available here under its brand name, Tylenol. Today, Acetaminophen can be found in many generic and store-brand versions, much cheaper but in all chemical ways identical to Tylenol. At Walmart, for

example, 100 **Tylenol PM** tablets will cost you \$72.40, while 100 **Acetaminophen PM** extra-strength tablets will cost only \$31.88, less than half the cost of the brand name. **Advil**, a favorite pain and inflammation reducer is about three times more expensive than **Ibuprofen**, its generic partner. Similarly, **Aleve**, another anti-inflammatory drug, is almost twice as expensive as **Naproxen**, its generic equivalent. All of these generics can be easily found on the pharmacy shelves by carefully reading the labels. Also remember that the much cheaper **aspirin** products are medically identical to the **aspirin** sold with the **Bayer** label.

Claritin, a favorite decongestant, is three times more expensive than Loratadine, its generic equivalent. If you have acid reflux and need a proton-pump inhibitor to reduce gastric acid, you should buy Omeprazole tablets rather than Prilosec, because the former is significantly less expensive and yet virtually identical in content. By all means, avoid the "purple pill" Nexium, so hyped on television, because it is a very much more expensive way to get the same active ingredient as is in plain omeprazole. I don't buy Tums anymore either. Instead I buy the cheaper Calcium Carbonate Tablets, identical to Tums.

If you have athletes foot, you should buy the generic **Clotrimazole** rather than **Lotrimin**. Both have identical active ingredients but the latter is very much more expensive than the generic. And so on, for countless other examples. Always look for the generic version when shopping for over-the-counter products — it definitely pays.

Dr. Gifford (aka Bob or the Doctor of Doggerel) is Professor of Medicine Emeritus at Yale University School of Medicine and Chair of HomeHaven's Health Committee. He writes this column in collaboration with members of the Committee. Suggestions for subjects are welcome and may be sent to Bob at bobbygi32@gmail.com.

"There can be no other occupation like gardening in which, if you were to creep up behind someone at their work, you would find them smiling."

- Mirabel Osler

HomeHaven Helps by Jane Jervis

A new feature for our Newsletter describes ways in which HomeHaven has helped our members. All names have been changed to protect privacy. If you would like to be interviewed for this feature, please contact Jane at hh.jervis@comcast.net.

Nathaniel

Brought up in a giving family always concerned for the disadvantaged, Nathaniel (not his real name) naturally got involved in the newly forming village that became HomeHaven. He and his wife were actively engaged in the early neighborhood discussions.

When his wife became ill, those neighbors helped him arrange to care for her at home for some six years. He was able to bring her to ERV parties and events where members joined in to carry her upstairs in her wheelchair when necessary and always made them both feel welcomed and a part of the group. Eventually it became necessary for her to move to a nursing home for full-time skilled-nursing care.

Throughout that time and to this day, Nathaniel has been an active giver to others. He volunteers to drive every week, and whenever he drives someone, he ends up with a new friend, as people respond to his generous friendliness. He participates in and sometimes hosts social group events, serves on a HomeHaven committee, and is always willing to respond to people who need advice or practical help with home repairs.

A modest man, Nathaniel says of his generosity, "It's no big deal. It's who I am. It's how I was brought up. Put bread on the water - it comes back as cake." Hamden Village and HomeHaven are the beneficiaries.

SAVE the DATE for the HOMEHAVEN SHREDDING EVENT An important service for HomeHaven members, friends, and neighbors – the more the merrier! WHEN: Saturday, June 3, 9 am-12 noon WHERE: The HomeHaven office parking area behind 291 Whitney Ave. WHAT: A giant commercial shredder will be on site to chew up all the paper you can provide. WHY: It helps you. It helps HomeHaven. You lose unwanted pounds! HomeHaven gains dollars! Profits above the cost of the shredding service go to HomeHaven. FEES: \$5.00/bag; \$10.00/a cardboard file or banker's box (about 10" x 12" x 15") Call the office (203-776-7378) for more information, or if you need a volunteer to help get your load to the shredder. SAVE the DATE for the HOMEHAVEN SHREDDING EVENT An important service for HomeHaven members, friends, and neighbors – the more the merrier! WHEN: Saturday, June 3, 9 am-12 noon WHERE: The HomeHaven office parking area behind 291 Whitney Ave. WHAT: A giant commercial shredder will be on site to chew up all the paper you can provide. WHY: It helps you. It helps HomeHaven. You lose unwanted pounds! HomeHaven gains dollars! Profits above the cost of the shredding service go to HomeHaven. FEES: \$5.00/bag; \$10.00/a cardboard file or banker's box (about 10" x 12" x 15") Call the office (203-776-7378) for more information, or if you need a volunteer to help get your load to the shredder.

Laughter, The Best Medicine

A woman was pulled over by a cop for going 65 in a 40-mile zone.

- "Ma'am, may I please see your license?"
- "I'm sorry, officer, but I got it revoked two years ago for drunk driving."
- "Well, may I please see the registration of your car?"
- "I stole the car and I killed the driver; he's in the trunk."
- "Ma'am, DON'T MOVE. I'm calling for backup."

Five minutes later, half the squad arrived and the Chief of Police walked over to the woman's window.

"Ma'am, may I see your license?"

- "Of course, officer," and she smiled demurely and pulled out her license from her purse.
- "This looks legitimate," he mumbled. "May I see the registration to this car?"

She pulled it out of the glove compartment and handed it to him.

"Ma'am, stand back!" He banged open the trunk of the car — it was completely empty.

The woman pointed at the first cop and said accusingly, "And I'll bet he told you I was speeding too!!

COMPUTER CONNECTION: Why all the Flash Player Updates?

by Christa Sammons

While on the Internet, do you get frequent popup messages warning you to update the version of Adobe Flash Player on your computer? These can be annoying, but it's best to follow the link in the popup and update to the latest version of this ubiquitous program that works with your browser to display most websites.

Browsers, such as Google Chrome, Mozilla Firefox, and Apple Safari, are constructed to form a barrier between the Internet and your own computer with its operating system and personal files. But Flash Player, which "plugs into" the browser, is under constant attack by hackers. HomeHaven IT Task



Happy Birthday to HomeHaven members with a birthday in May

Aboud Bashy Lora-Lee Bell
Elizabeth Dreyer Bennett Henry Binder
Ellen Brainard Leslie Brisman
Josie Broude Sam Chauncey
Joseph Dolan Jeanne Drury
Kathy Feidelson Mae Festa
Andy Fiddler Anne-Marie Foltz
Arlene Goldblatt Carol Hay
Joseph LaPalombara Sophie Powell
Kim Rakusin Jim Sinclair
Mimi Sommer Hank Sykes
Sheila Taub Roberta Thornton
Brian West



Force chairman Norman Chonacky explains that these hackers try to exploit vulnerabilities in Flash Player in order to break through the browser's security defenses and lodge hostile programs on the computer itself—in other words, infect the computer with a probably malicious program or virus. In what Norman calls a "cat and mouse game," Adobe must just as constantly correct the vulnerabilities with updates to foil these attacks. Since so many web developers use Flash Player, we, as end-users, must keep current with the updates.

Warnings to update Flash Player are typically issued by your browser when it encounters a webpage that needs the newest version. Since the browser company is eager to keep your business, it will be vigilant against bogus warnings. Anti-virus programs should also alert you to any fake pop-ups, making the risk of infection fairly low. If in doubt or if you have trouble loading a Flash Player update, call the HomeHaven office. Norman points out that it is safe to continue to use your computer while waiting for advice; the risk is very low.

Adobe Flash Player is distributed free in versions for every major web browser and operating system, for desk-top computers to tablets to smart phones. It enables these devices to do all the miraculous things they do: show us animations, let us use interactive websites, allow us to stream videos and audio files. According to Wikipedia, Adobe estimated that back in 2013 more than four- hundred million out of over a billion connected desktops updated to a new version of Flash Player within six weeks of its release. Be one of what is now probably many more than 400,000,000 and accept that update!

Is there a topic you'd like to see discussed in "Computer Connections"? Email your ideas to christa.sammons@gmail.com or call me at 203-865-0335.

Christa Sammons is a member of HomeHaven's Information Technology (IT) Task Force.

"God couldn't be everywhere, so he created mothers."

- Jewish Proverb

VILLAGE VERSE: Green

How soothing is the birth of spring, When brown converts to green. Young leaves emerge; redwings sing, I'm once again sixteen.

When green explodes all out in May, Emeralds on each twig accrete. Virescent art keeps spirits gay. My heart then skips a beat.

When green expires in early fall We all know what's in store. For with no green there is a pall, And I'm back to eighty-four.

Bob Gifford, Doctor of Doggerel East Rock Village

Introducing New Members

HomeHaven is delighted to welcome the following members who joined us last month.

Hanna Hyland ~ Hamden
Rosemary Plotnick ~ Hamden
Jean & Ron Rozett ~ Hamden
Pam Stanton & John Sawyer ~ Westville
Hank Sykes ~ Westville



ONGOING GROUP MEETINGS

BOOK GROUP

Monday, May 1, 10:00-11:30 am, at the home of Carolyn Gould, 299 Mansfield Road, North Haven to discuss *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teachings of Plants*, by Robin Wall Kimmerer. Professor of Environmental Biology at SUNY and a member of the Citizen Potawatomi tribe, she brings her scientific and Native American perspectives together in this meditation on healing our relationship with the natural world. Please RSVP to Carolyn at 203-288-9155 or lcgould@snet.net.

And For June 5: Thank You for Being Late: An Optimist's Guide to Thriving in the Age of Accelerations, by Thomas Friedman.

COOKING IN DIFFERENT LANGUAGES: Louisiana

Monday, May 15, 6:30 pm

Sign-up deadline is Friday, May 5. Please respond by then! It is crucial in the early days of planning to have an accurate count of attendees. RSVP to Celeste Markle at <u>c_markle@yahoo.com</u>. If you don't use email, please call her at 203-397-0492 or call the office. **Newcomers are always welcome**—it's a great way to meet other HomeHaveners. Contact Celeste for more information.

PINS AND NEEDLES

Monday May 22, 3:30 pm at the home of Arlene Goldblatt, 592 Whitney Ave. RSVP whether or not you plan to be there, at 203-776-1550 or arlenegoldblatt@sbcglobal.net.

The group now meets on the fourth Monday of the month. Bring the project you are working on and enjoy the good company and refreshments. New members are always welcome. For more information call or email Jeanne Drury at 203-281-3227 or JeanneDrury@aol.com.

MEMOIR WRITING GROUPS

The groups meet on the second and fourth Mondays of the month for an hour and a half. For more information or if you wish to attend a meeting to see how it works, contact Harriet Bergmann at 203-776-0703 or hfb183@gmail.com.

Give Greater. Give Longer.
Remember HomeHaven in Your Will.



Tuesday May 2, 8:00 am -Wednesday May 3, 8:00 pm The Great Give: A 36-hour, online giving event to support local nonprofits

We have a great record of giving. Let's do even better this year! See article, page 4, for details.

Friday, May 5, 3:00 pm
Talk by Susan Feinberg
"Othello and Desdemona's Marriage:
Consummated or Not and Why it Matters"
University Towers, Community Room
100 York Street, New Haven

In response to popular demand, Susan will repeat her February talk, which was unceremoniously curtailed by a false bomb scare just at the crucial moment of discovery. If you were there you can end the suspense, and if you missed it you'll have another chance to hear one of Susan's fascinating illuminations of a Shakespeare play.

Metered parking is on the street, on Crown, York and George, until construction is finished in September.

Friday, May 19, 8:15 am - 4:00 pm Bus Tour of the Iron Trail with Dick Bell and Ed Kirby Meet at Ikea parking lot

Dick Bell, a member of Hamden Village, has organized this tour and recruited Ed Kirby to guide us. Ed is a former teacher who has been studying the geology and industrial history of the Northwest Corner for many years and has been instrumental in the restoration of the Beckley Furnace. The area was once of great national importance because of its iron industry. Having the four requirements essential to the production of iron—abundant iron ore, fuel (trees) to stoke the blast furnaces, water power, and limestone to serve as a flux to carry away impurities — it flourished from 1762 when the Lakeville blast furnace was built until the beginning of the 20th century.

Travel will be by 24-passenger bus leaving Ikea at 8:15 am and returning around 4:00 pm. Lunch will be at a private Fishing Club on the Housatonic River. The cost of the tour with lunch is \$45. Please call the office (203-776-7378) and send \$45 to reserve your place.

Thursday, May 25, 4:30 pm Organ Recital by Kerala Snyder Marquand Chapel, Yale Divinity School 409 Prospect Street

East Rock Village member Kerala Snyder offers HomeHaven a program of 17th and 18th century music on the Charles Krigbaum mean-tone organ.

Free parking is available after 4:00 pm in the Divinity School lot, entered from the driveway on Prospect Street. Please note, this is a private concert for HomeHaven members; guests are welcome, but please inform the office that you plan to attend and if you are bringing guests. See article, page 2, for details.

And coming in June:

Saturday, June 3, 9 am-12 noon The HomeHaven Shredding Event The HomeHaven office parking area behind 291 Whitney Avenue

Profits above the cost of the shredding service go to HomeHaven. *Details on page 7*.

Tuesday, June 20 The Genius and Elegance of Gramercy Park Tour with Joyce Gold 8:19 MetroNorth train to Manhattan

Discover a London Square that developed from the original 1831 piece of marsh land purchased and developed by Samuel Ruggles, lawyer, developer and urban visionary. Later, surrounded by substantial homes, the landmarked district became the home of America's greatest inventors, architects, actors, doctors, diarists, publishers, writers, painters, and even presidential candidates. Who better that Joyce to tell the fascinating stories of these characters while seeing their haunts.

We will meet Joyce at Lexington and 21st Street at 11:00 am. The tour costs \$20 paid in advance. Lunch will be on your own or in a designated restaurant. **SIGN-UP DEADLINE IS FRIDAY, MAY 19.**

HOMEHAVEN OFFICE № 203-776-7378

hhkateh@gmail.com